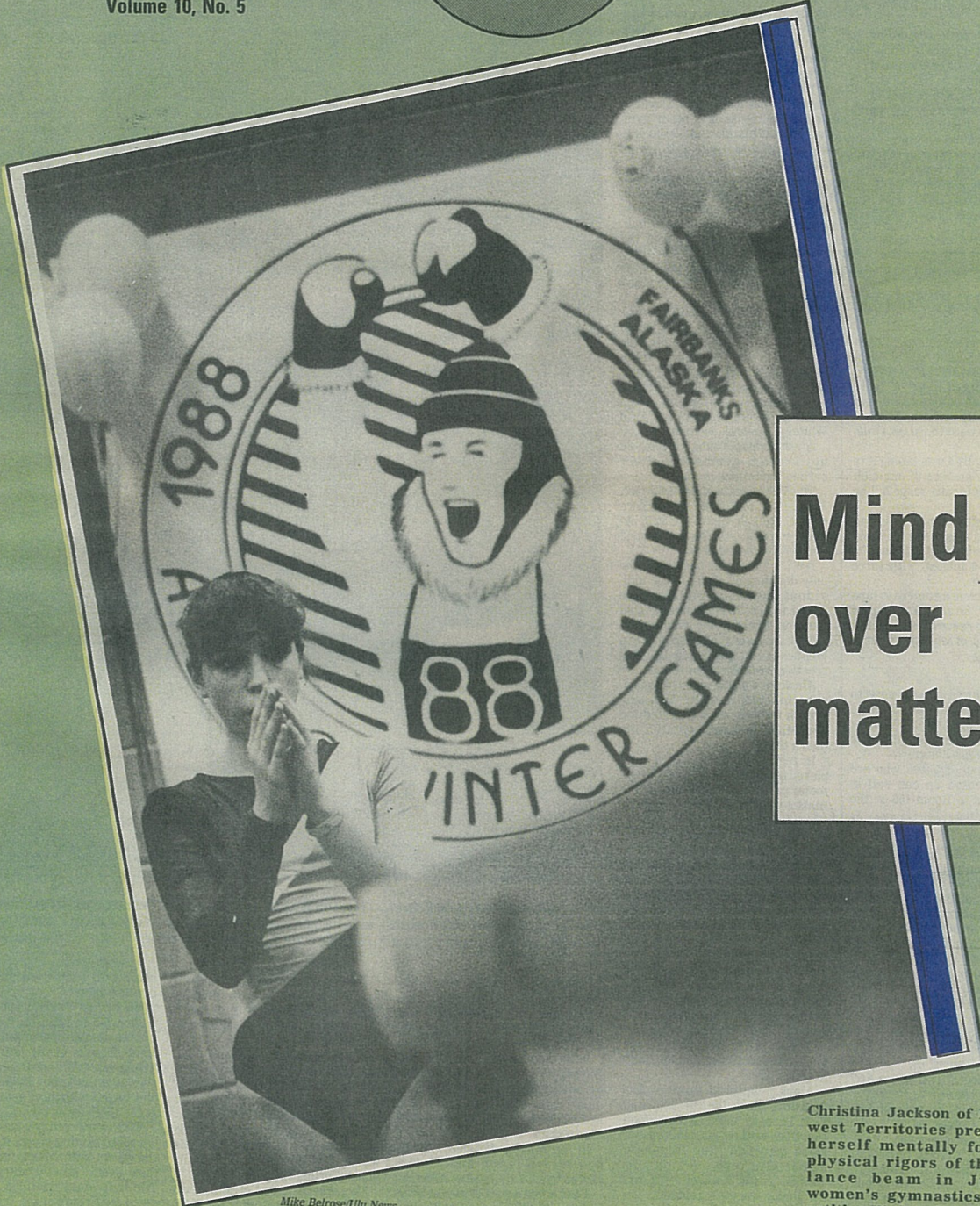


ULU-NEWS

Volume 10, No. 5



Mind over matter

Christina Jackson of Northwest Territories prepares herself mentally for the physical rigors of the balance beam in Junior women's gymnastics competition Wednesday.

Mike Belrose/Ulu News

Overview

Figure skaters enter spotlight

By BOB ELEY
Staff Writer

The 10th Arctic Winter Games moved past the halfway point Wednesday as athletes from Alaska, Alberta, Northwest Territories and the Yukon Territory worked toward earning gold, silver and bronze ulus.

Today, there is something for just about every sports fan as 16 of the 17 sports will be contested.

For a complete list of events, times and sites, see page B-12.

Figure skating is the last sport to get started. Figures competition gets under way at 11:30 a.m. today at the University of Alaska-Fairbanks Patty Center Ice Arena. The freestyle portion of the figure skating program is set for Friday.

The Arctic Winter Games con-

ULUS TALLY
Through March 16

Team	G	S	B	T
Alaska	22	16	16	54
Yukon Territory	8	14	7	29
Northwest Territories	15	12	19	46

clude Friday when most of the team ulus will be decided. A gala closing ceremonies is planned for 8 p.m. Friday at the Big Dipper Ice Arena.

Wednesday, ulus were awarded in traditional arctic sports events, cross-country skiing, team gymnastics, ski biathlon, snowshoeing, snowshoe biathlon and speed skating.

Meanwhile, action continued in badminton, basketball, broomball, curling, hockey, indoor soccer, silhouette shooting, and volleyball.

Alaska skiers dominated the cross-country skiing competition, winning five gold ulus and 13 of the 18 medals awarded Wednesday afternoon.

Yukon's Michael Kelly was the only non-Alaska gold uluist as he won the Juvenile men's division freestyle race. Alaska winners were: Dave Thomas, Open men; Dianne Munson, Open women; Doug Spurr, Junior men; Stacia Shiffler, Junior women and Erin Whitney, Juvenile women.

Alaska edged Yukon for the gold ulu in team gymnastics. NWT earned the bronze medal.

The Yukon team of Scott Fraser, Jeff Lister and Sean Sheardown earned the gold ulu in the 3x75 ski biathlon relay. Alaska was second and NWT finished third.

NWT's Trevor St. Jean was the only double-gold uluist in the individual snowshoe biathlon. He added to the three-kilometer gold ulu won Tuesday by winning the five-kilometer championship Wednesday at the Birch Hill Recreation Area Biathlon Range.

Alaskans won the other two snowshoe biathlon events. Tamaris Dortch took the women's gold ulu and Mike Johnson captured the men's title.

In regular snowshoeing, Alaska picked up a gold medal in the 4x400-meter relay race. Snowshoeing for Alaska were Rick Wilson, Ralieg Cook, Kristina McInnes and Georgia Gustafson. Teams from the Yukon finished second and third.

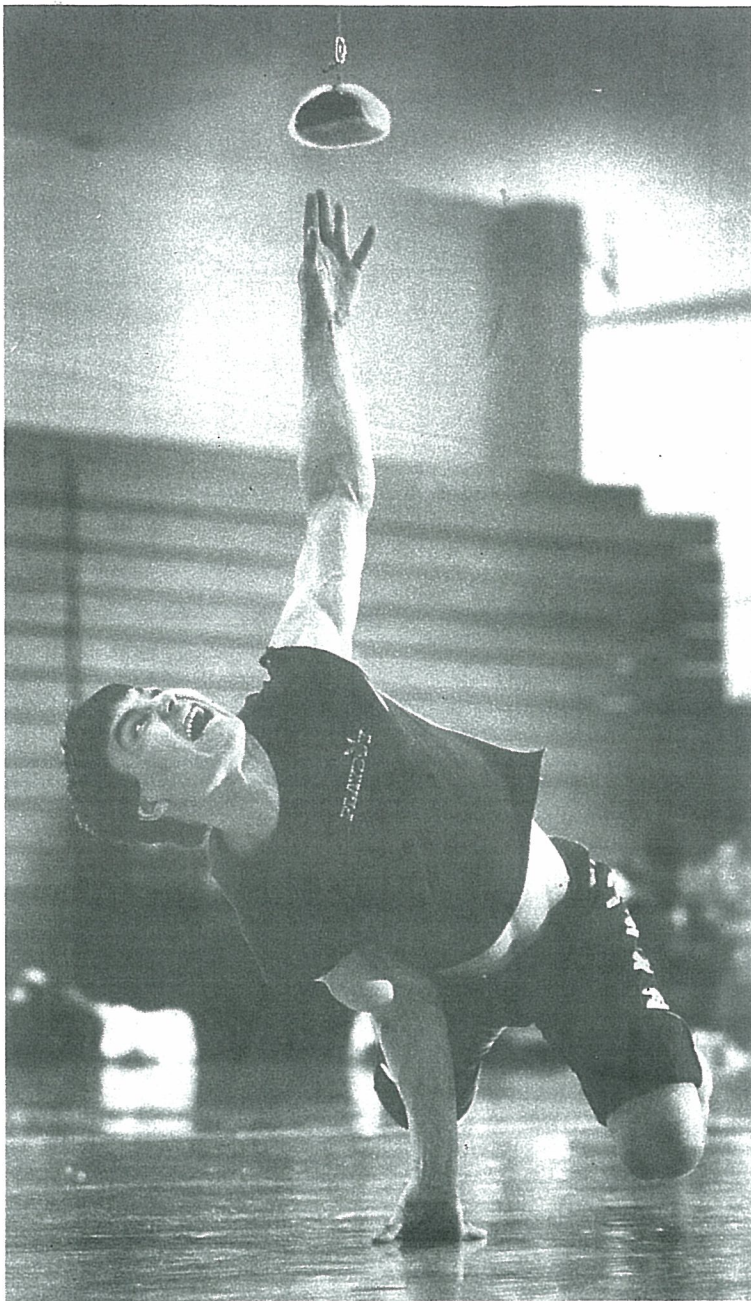
Athletes from the Northwest Territory continued to dominate the indoor speed skating oval at the University of Alaska Fairbanks Ice Arena. NWT won five of six medals Wednesday. NWT skaters won all six medals Tuesday.

NWT's Aimee Phillipot captured the gold ulu in the women's 1,000-meter race and teammate Tim Wainwright picked up the men's gold ulu at the same distance.

Results of the Wednesday's arctic sports events were not available at press time.

Alaska captured three of four gold medals in the two foot high kick Tuesday night. Nicole Johnson, Open women, Brian Randazzo, Open men and Nick Randazzo, Junior Men, won gold ulus for Alaska. Trudy Kolit of NWT won the Junior women's gold ulu.

On the basketball court Wednesday at Monroe Catholic High



REACHING FOR A MEDAL—Ivanoo Kaput of Northwest Territories stretches up for the fur ball in the Open men's one-hand reach Wednesday. Kaput came away with the bronze ulu in the arctic sport for his effort of 7 feet, 8 inches. Mike Belrose/Ulu News

Ulu notes

A video camera was stolen from Ryan Middle School Tuesday afternoon and a \$200 reward is being offered to get it back. People with information can leave a message for badminton coach Sen Tan at the Alaska mission.

"Essentially I was taping it to show the members of our club and maybe for the schools," he said.

The missing camera is a Chinon 8mm in a gray soft carrying case made by REI. The bag is 10-by-8-by-6 inches, with three side pockets.

"I don't have a camera to tape the finals," he said. Tan said he will pay the reward with no questions asked of whoever returns the camera.

* * *

People have been trying to turn down the automatic thermostats in the Athletes Village. The result has been that the rooms just get hotter.

Athletes or coaches who are getting heated up can call in complaints to Room 158 or the mission office.

* * *

Here's a list of the 10 most wanted souvenir pins among Arctic Winter Games participants, as compiled by the mission headquarters of Alaska, Northern Alberta, Northwest Territories and Yukon Territory:

1. Alberta Minister's Arctic Winter Games Team.
2. Alaska Gold '88.
3. Yukon Chef de Mission for Arctic Winter Games '88.
4. Yukon Mission pin for Arctic Winter Games '88.
5. Northwest Territories Arctic Winter Games '88 Hockey.
6. Alaska Mission pin for Arctic Winter Games '88.
7. Host volunteer pin.
8. NWT AGNE (Another Great Northern Experience).
9. Tagish Charlie Sport Club.
10. AWG corporation pin (gold ulu).

School, Alaska's Junior women defeated Yukon and Alberta. Alaska's Junior men toppled NWT. The Alberta women overwhelmed NWT and Yukon women also beat NWT.

In the hockey tournament at the Big Dipper Ice Arena, the two-time defending champion NWT Open men's team assured itself of a spot in the title game by posting a 6-2 win over Yukon.

In the Midget division, Yukon downed NWT, 2-0, and Alaska skated to a 1-1 tie against Alberta.

Alaska won a pair of games over Yukon and NWT in the PeeWee division.

Indoor soccer and volleyball teams also put a wrap on most of their respective round-robin tournaments. Medals action will begin this afternoon.

The Alaska Open women's curling team earned a spot in the title contest by splitting a pair of games. Alaska lost to the Yukon, but bounced back to beat NWT.

Junior curling divisions conclude round-robin play today. Medals will be decided Friday at the Fairbanks Curling Club.

The second round of silhouette shooting was contested at the UAF Outdoor Rifle Range and will con-

clude with another round of competition today.

Northwest Territories downed Yukon 5-2 to keep its record unbeaten in the broomball tournament. Results of the late game—Alaska vs. NWT—were not available at press time. Medals round play begins with three games today at the UAF Ice Arena.

NWT won Tuesday's team triathlon speed skating events to set up a showdown with Alaska in today's third event: cross-country skiing.

The individual triathlon is scheduled for Friday at the Big Dipper Ice Arena.

Arctic Sports

Native events rooted in feats of survival

By JOHN FRIDRICH
Staff Writer

One by one, competitors in the one-hand reach failed to touch a seal skin target suspended over their head, until only Brian Randazzo remained.

The Anchorage resident knelt on the floor Wednesday at West Valley High School, placing the palm of one hand down so that he could balance his weight on it. He used the other hand for stability until he was ready to make an attempt at touching the target, set 5 feet, 2 inches off the ground.

His knees bent behind him, and with one lifted off the surface, he concentrated on the seal skin until he felt confident. He lifted his second foot off the floor, shifted his weight to one hand, and reached upward with his other, touching the seal skin so it swung to and fro.

"Once you feel your balance, you go," Randazzo said.

With the win, Randazzo earned his second gold ulu in Arctic sports at the 1988 Arctic Winter Games. The first came Tuesday in Open men's two-foot high kick. He hit 8 feet, 8 inches—a games record.

Some of the 17 sporting events being contested at the 10th AWG, such as cross-country skiing and ski biathlon, originated as methods of conducting warfare. Others, such as basketball and volleyball, were developed during the late 1890s as purely recreational pursuits.

Arctic sports were developed by Native elders as a means of ensuring that traditional skills used in hunting, fishing and survival were passed to the next generation.

"The history of it goes way back, back before the missionaries, before electricity, before we ever saw the white man," said Bob Aiken, a Team Alaska official.

Native elders developed the games as a means of determining if future leaders had the knowledge, endurance and determination to survive the harsh climate and its perils.

Seal hunters were in danger of being stranded out on the ice. The only way they could reach shore was by jumping from ice flow to ice flow, which led to events that require jumping skills. Maintaining balance was important, and the one-hand reach was developed to test balance.

If someone was hurt while away from the village or camp, he may have had to travel a great distance in pain. The ear pull and knuckle hop tested resistance to pain.

"A lot of them are for body and mind control," Aiken said. "You can not do one without the other."

Through the generations, differences regarding the traditional methods of holding the events have emerged between Alaskan and Canadian Natives. Representatives from Alaska, Yukon Territory and Northwest Territories discuss the differences every two years when the AWG roll around.

"The elders have something to pass on and they want it done right. They show you the ropes and hope you don't make mistakes in passing it on," Aiken said.

Ernie Bernhardt, NWT coach, and Eddie Arey, Yukon coach, feel the same way about their culture.

"We like to keep our traditions as much as anyone else," Arey said. Aiken believes that when games



FRIENDLY STRIFE—Jimmy Pauloosie, above, battles an opponent in the Open men's head pull competition of arctic sports and below shakes hands with Meika McDonald after their match.

Mike Belrose/Ulu News



HAND STANDING—Trudy Kolit of Northwest Territories stretches to kick the fur bail in the Junior women's high kick. Kolit, from Coral Harbour, earned the gold ulu for her effort of 5 feet, 8 inches.

Mike Belrose/Ulu News



are held in Alaska, Alaska traditions should prevail in the rules, a suggestion that meets with diplomatic objections from the Canadians.

Bernhardt cited the two-foot high kick as an example. In Canada, a competitor must strike the target suspended off the ground and return to the floor with feet together, bouncing directly backwards three times. The Alaska tradition doesn't require the feet to be together.

"It's an argument, but it's friendly," Arey said.

The AWG Corp. decided the rules to be used. The rules applied during the games don't favor one tradition over the other, Bernhardt said.

One tradition that crosses the borders is giving advice to athletes on the floor, something uncommon in most individual Western sporting events.

Even more uncommon is giving advice to athletes on other teams. However, if NWT's Bernhardt leaves the room for some reason, Yukon's Arey looks after the NWT competitors.

"That's what our culture is all about," Bernhardt said.

In the two-foot high kick contested Tuesday, Nicole Johnson of Alaska won the Open women division with an effort of 6 feet, 2 inches.

Tuesday Arctic Sports Results
Junior Men—1. Nick Randazzo, Alaska, 7 feet, 10 inches; 2. Jayco Neeveacheak, NWT, 7-8; 3. Sandy Pudlat, NWT, 7-6.

Open Women—1. Nicole Johnson, Alaska, 6-2; 2. Ingrid Green, NWT, 5-8; 3. Heather Kolit, NWT, 5-4.

Open Men—1. Brian Randazzo, Alaska, 8-8; 2. Tim Angottingar, NWT, 7-10; 3. Ivanoo Kaput, NWT, 7-8.

Junior Women—1. Trudy Kolit, NWT, 5-8; 2. Eleanor Grindle, Alaska, 5-5; 3. Noel Gould, Alaska, 5-2.

Snowshoeing/Skiing

Alaska strikes gold in 400-meter relay

By DAVE THOMAS
Staff Writer

After splitting the first two days of individual snowshoe events, the AWG teams from Alaska and the Yukon Territory tested their overall strength in the 4x400-meter relay Wednesday at University of Alaska Fairbanks.

After Wednesday, neither team can claim outright bragging rights. Alaska won the relay gold, but Yukon teams finished second and third. Yukon spread its talent out to both teams, with gold-ulu winner Allan Sudeyko competing on the second team.

"If we are consistent the next few times, then maybe we can claim bragging rights," said Alaska team member John Lyle, a spectator due to an injury. "It's nice (to win) because the sport is so new and a novelty to Alaska."

Wednesday, the Alaska team members ran the relay as if they had been doing it for years.

The team of Rick Wilson, Raleigh Cook, Kristina McInnes and Georgia Gustafson posted a time of 6 minutes, 12 seconds for the win.

The winning time was six seconds better than the first Yukon team, made up of double-gold ulist Mike Stack, Natalie Oles, Ann Nason and John Jansen.

The second Yukon team of Trevor Dobbs, Lisa Jansen, Susan

Smith and Sudeyko was third in 6:50.

The Northwest Territories team of Floyd Abel, Bernadette Wellin, Doreen Washie and Dennis Drygeese was fourth in 7:04.

The win by Alaska Wednesday made McInnes the only four-gold winner in the games. McInnes, a high school freshman from Seldovia, won the 100-, 400- and 1,500-meter individual races Monday and Tuesday.

Gustafson became a three-time gold ulist after posting wins in the 400- and 1,500-meter events.

It was Gustafson's effort in the anchor leg, holding off a hard-charging Jansen, that clinched the gold for Alaska.

"That was all prayer—you can skip wing and go straight to prayer," said a winded Gustafson at the finish line. "I've never run an anchor leg before and I nearly had a heart attack when they told me I was doing it today."

The victory continued Alaska's success from Tuesday, when it won all four classes in the 1,500-meter individual races.

Wednesday Snowshoeing Results
Team 4x400 Meter Relay
1. Alaska (Wilson, Cook, McInnes, Gustafson), 6 minutes, 12 seconds; 2. Yukon Territory I (Stack, Oles, Nason, J. Jansen), 6:18; 3. Yukon II (Dobbs, L. Jansen, Smith, Sudeyko), 6:50; 4. Northwest Territories (Abel, Wellin, Washie, Drygeese), 7:04.

Slippery track puts Lyle on the sideline

By DAVE THOMAS
Staff Writer

As the Alaska snowshoeing relay team crossed the finish line to win the gold ulu in the 4x100-meter race Wednesday at UAF, one of the happiest spectators was team member John Lyle.

It was also a bittersweet moment for the snowshoer from Fairbanks because he had expected to be part of that winning team. Lyle can only watch from the sidelines for the remainder of the week because of an injury he suffered at the start of the first race of the games Monday.

"I am real discouraged," he said after Wednesday's race. "I was in the best shape of my life."

Being in good shape wasn't enough to save Lyle from slipping on the hard-packed snow.

He was standing with his right leg a little behind the left at the starting line of the 100-meter race. When the gun went off, he pushed off on the back leg. The snow, previously softened by warm weather, had refrozen hard and icy. It gave him no traction and his right leg gave out from under him.

Lyle pulled two muscles in the leg and will be unable to compete for about two months.

"I learned a lesson—the hard way," he said. "Starts are critical, but you are not going to win a race in the first five feet."

One consolation for Lyle is that he was able to finish the 100-

meter race and the subsequent 400 meters Monday, winning a bronze ulu in the 100 and a silver in the 400.

Even with his disappointment, Lyle remains supportive of his team, turning out Wednesday despite single-digit temperatures and a gusting, chilling wind.

"I'm happy for everybody," he said.

Lyle just completed his master's degree in counseling and works with the local school district on a drug and alcohol counseling program. He remained philosophical about the mishap.

"We have to remember we are here to celebrate," he said.

He also said if it had to happen, he was glad it was him and not another member of the team.

"I would've hated to have this happen to one of the young kids," he said. "It would have been devastating for them."

"I'm an old guy," smiled the 34-year old Lyle.

Injuries are nothing new to Lyle. He suffered a severe knee injury two years ago and had the cartilage removed from one of his knees.

Lyle started snowshoeing while working in Kaltag nine years ago. He said his latest injury won't stop him from training as soon as possible to get to the next games.

"With a passion," he said. "And I will watch the starts."

Yukoner skates to Juvenile win

Michael Kelly of the Yukon Territory prevented a Team Alaska sweep of gold ulus in the freestyle technique cross-country ski races at Birch Hill Wednesday by winning the Juvenile men's division.

Alaska skiers won the other five divisions and captured 13 of the 18 ulus awarded.

The cross-country skiing competition concludes at 11 a.m. Friday with a 3x10-kilometer Open Men's relay and 3x7.5-kilometer relays in all other divisions.

Kelly won the 7.5-kilometer Juvenile men's race by outdueling four Alaska skiers. Kelly had a winning time of 22:35.2. Todd Grover took second in 23:10.5 and Chris Gibson posted a 23:15.9 for third place.

Alaska skiers scored clean sweeps of the top three places in two divisions.

Alaska's Stacia Shiffer picked up the gold ulu in the Junior women's 10-kilometer race with a 36:16.3. Julie Enderle captured the silver in 36:32.1 and Joy Zimmerman took the bronze in 38:24.0.

In the Juvenile women's 7.5-kilometer event, Alaska's Erin Kelly posted a winning time of 28:10.1. She was followed across the finish line by Aelin Peterson and Piper Yuknis, who posted times of 28:21.0 and 28:32.1.

Alaska's Doug Spurr was the Junior men's 10-kilometer gold ulist with a winning time of 28:45.3. Teammate Chris Cederberg was second in 30:14.1 and Northwest Territories' Paul Green finished third in 30:33.4.

Wednesday Cross-Country Results
Freestyle Technique

Open Men (20K)—1. Dave Thomas, Alaska, 58 minutes, 16.3 seconds; 2. Bill Parry, Yukon Territory, 58:39.8; 3. John Mucha, Alaska, 1:00:32.5; 4. Bob Baker, Alaska, 1:01:03.4; 5. Kim Poole, Northwest Territories, 1:02:23.9; 6. John Clark, Alaska, 1:02:30.9; 7. Dennis Bevington, NWT, 1:14:30.9; 8. Scott Gilbert, Yukon, 1:17:31.1; 9. Chris Shank, NWT, 1:18:22.1; 10. John Bailey, NWT, 1:24:24.1; 11. Thom Stubbs, Yukon, 1:25:28.0; Michael McCann, Yukon, did not finish.

Open Women (10K)—1. Diane Munson, Alaska, 37:08.1; 2. Sheila Serup, Yukon, 39:24.5; 3. Janice Bailey, NWT, 40:06.4; 4. Jill Pangman, NWT, 41:59.5; 5. Helen Desinger, Alaska, 42:04.3; 6. Katharine Bull, Alaska, 44:17.4; 7. Lene Nielsen, Yukon, 48:33.1; 8. Yvonne Harris, Yukon, 48:54.1; 9. Jennifer Hillis, NWT, 49:13.0; 10. Jennie Schrage, Alaska, 49:18.9; 11. Marion LaPalme, Yukon, 57:12.9.

Junior Men (10K)—1. Doug Spurr, Alaska, 28:45.3; 2. Chris Cederberg, Alaska, 30:14.1; 3. Paul Green, NWT, 30:33.4; 4. Richard Ragle, Alaska, 30:54.2; 5. Dwayne Barnaby, NWT, 31:18.2; 6. Jay Poss, Alaska, 31:19.9; 7. Bradley Roberts, Yukon, 33:21.6; 8. Craig McKinnon, Yukon, 34:00.1; 9. Jason Currie, NWT, 36:38.8; 10. Steven Suave, Yukon, 50:59.3; 11. Elijah Amarook, NWT, 1:01.4.

Junior Women (10K)—1. Stacia Shiffer, Alaska, 36:16.3; 2. Julie Enderle, Alaska, 36:32.1; 3. Joy Zimmerman, Alaska, 38:24.0; 4. Kirstie Sturgeon, Alaska, 38:33.7; 5. Sian Williams, Yukon, 46:52.5; 6. Verna Rittas, NWT, 52:06.7.

Juvenile Men (7.5K)—1. Michael Kelly, Yukon, 22:35.2; 2. Todd Grover, Alaska, 23:10.5; 3. Chris Gibson, Alaska, 23:15.9; 4. Christopher Wood, Alaska, 23:39.5; 5. Jared Buzby, Alaska, 23:41.5; 6. Robert Plamondon, NWT, 26:27.3; 7. Sean Pond, Yukon, 26:36.0; 8. Clarence Rymer, NWT, 29:22.0; 9. Richard Snider, NWT, 31:56.5; 10. Owen Williams, Yukon, 33:03.4; 11. Walter Desjarlais, NWT, 34:25.9; Aaron Purser, Yukon, dnf.

Juvenile Women (7.5K)—1. Erin Whitney, Alaska, 28:10.1; 2. Aelin Peterson, Alaska, 28:21.0; 3. Piper Yuknis, Alaska, 28:32.1; 4. Jaida Green, NWT, 29:52.2; 5. Cara Wade, Alaska, 30:06.2; 6. Joy Goodzeck, NWT, 30:27.7; 7. Clarissa Harry, NWT, 30:46.1; 8. Karen Smith, Yukon, 31:12.3; 9. Robyn Findlater, Yukon, 31:19.5; 10. Penny Sheardown, Yukon, 31:58.3; 11. Alicia Jones, Yukon, 32:13.9; Sarah Ballard, NWT, dnf.

THE SALE YOU'VE WAITED FOR IS HERE

Armstrong Stylistik

NO-WAX VINYL FLOOR COVERING
WAS \$1.30
NOW **99¢**
SQ. FT.

Effective Thru March 31.
New Toll Free Number 1-800-478-3567

Ask about our Florcraft credit plan.

FLORCRAFT INC.
1991 Fox Ave., Fairbanks, AK 99701 • (907) 452-1423

"Here when you need us . . ."



Fairbanks Memorial Hospital

1650 Cowles 452-8181

Grand Opening

ALL COKE PRODUCTS \$2.39 6 Pack

Giveaways & Prizes

The Pop Shoppe
In Gavora Mall 456-1515

Curling

Rinks rock and roll in round-robin play

By BOB ELEY
Staff Writer

Even though it was just one of six draws in the round-robin portion of the curling competition, there was plenty of tension at the Fairbanks Curling Club Wednesday afternoon.

The outcome of the five games in the draw came down to the last rock, with the Alaska Open women's team and the Yukon Junior men's team coming out winners.

After dropping its first game of the tournament Wednesday morning to Yukon by a score of 6-3, Alaska earned a spot in the Open women's championship game by defeating Northwest Territories, 9-7. NWT had a chance to tie the game in the eighth and final end, but the last rock came up about an inch short, enabling Alaska to steal one rock and claim the victory.

"My first competitive tournament as a skip has been a real cliffhanger," said Alaska skip Alison Sterley after her rink squandered leads of 4-0 and 6-2, then came back from a 7-6 deficit to post the victory.

"At least we've reached our goal," Sterley said. "With just three teams in the tournament, we didn't want to get the bronze, but now the worst we can do is get the silver."

"We've got a good team and the girls are playing well," she said.

RINK WATCHERS—Alison Sterley, skip of Team Alaska, left, observes as Debbie Moss of Northwest Territories watches a shot

Polly Walter/Ulu News

"And we're playing against some very good teams from the Yukon and Northwest Territories."

Along with Sterley on the Alaska rink are Katrina Sharp, Pam Donaldson and Joanne Hufman.

Shortly after Alaska pulled out its victory, the Yukon Junior men's team edged NWT on the last rock when skip James Buyck made a perfect draw to the button. The shot kept his team in contention for the best record in round-robin play.

With one game left this morning, Yukon and Alberta are both 4-1. Yukon plays Alaska and NWT takes on Alberta at 10 a.m.

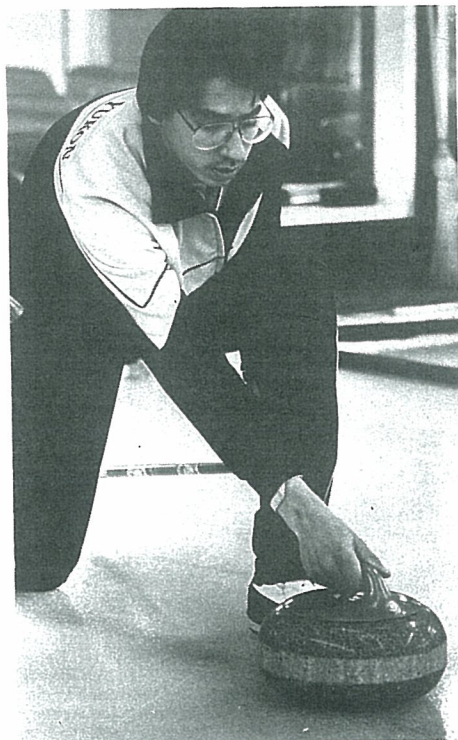
"It was really surprising for us to beat Northwest Territories," said Patrick Ellis, who with his brother Trevor comprises half the Yukon team. Robert Drapeau is the fourth member.

"We figured NWT would be the team to beat because they beat the Cowan rink, our closest competition in Whitehorse," Patrick Ellis said. "The way things turned out, it looks like Alberta has a pretty strong team, too."

The Alaska Junior teams have yet to win a game. That hasn't dampened the enthusiasm of the players.

"There are no other Junior teams in Alaska, so we don't get much competition," said Jennifer Herning, a member of the Junior women's team. "Even though we lose, we have fun."

"We did a lot better today than we did yesterday (Tuesday)," Herning added. "We've only been curling together for a couple of months and most of the teams we're playing have been together for at least a couple of years."



CLEAN SWEEP—Team Alaska Open women Katrina Sharp and Pam Donaldson sweep the stone into place before a block. At left, James Buyck of Yukon Territory throws the winning rock in his team's game against Northwest Territories.

Polly Walter/Ulu News

Monday's Curling Results

Junior Women—Yukon 4, Alberta 2; Northwest Territories 5, Alaska 4; Northwest Territories 6, Yukon 5; Alberta 10, Alaska 4.

Junior Men—Northwest Territories 8, Alaska 5; Alberta 5, Yukon 3; Yukon 7, Northwest Territories 6; Alberta 9, Alaska 3.

Open Women—Yukon 6, Alaska 3; Alaska 9, Northwest Territories 7.

Hockey

Midget icemen tall on talent

By BOB ELEY
Staff Writer

The Midget Division of the Arctic Winter Games hockey tournament may be the most highly-competitive event in the week-long sports festival.

All but one of the games have been won by two goals or less and two have ended in a tie. Any of the four teams—Alaska, Alberta, Northwest Territories and the Yukon Territory—could win the championship by coming up with the right combination of victories today and Friday.

"All four teams are equally well-balanced," said Alaska Coach Lance Hughes after his team skated to a 1-1 tie against Alberta Wednesday afternoon at the Big Dipper Ice Arena.

"All of the teams here have very competitive groups of athletes," Hughes said. "You have to expect that when some of the elite players from Canada and Alaska get together."

"You can't get much closer than the games that have been played in this tournament," noted Alberta assistant coach Victor Tardif. "We're very pleased with the way our team has been performing. All of the kids are playing up to their potential."

After three days of competition, Alberta has a 3-0-2 mark Alaska and Yukon are both 2-2-1. Northwest Territories is 1-4, but most those losses have been decided by one or two goals.

"This is just great compared to what happened last time," Tardif said of his team's unbeaten record. Alberta skated poorly in the 1986 Arctic Winter Games at Whitehorse when the team was comprised of players from just one town.

This year's team features players from communities across northern Alberta, where most towns have a population of 2,500 or less.

"It's been a great experience for these kids, especially since this is the last tournament of the year for most," Tardif said.

No one is sure who will be in the driver's seat when the run for the gold ulu begins this afternoon.

"Whichever team plays team hockey will come out the winner," Hughes said.

"If nobody gets hurt and we keep our work ethic up, it should be very interesting in the medals round, or should I say ulu round," Tardif said.

In addition to Alaska's 1-1 tie with Alberta, Yukon blanked NWT, 2-0.

In the PeeWee Division, Alaska downed the Yukon, 3-2, in the early morning game and then skated to an 8-5 win over NWT.

In the only Senior division game played Monday, NWT qualified for the championship game by whipping Yukon, 6-2.

The round-robin portion of the tournament concludes this morning with four games. Medals round games are scheduled for 1, 3:15, 5:30 and 7:45 p.m.

Midget Division

Todd Cridge gave Alaska 1-0 lead early in the second period, but Alberta's Jason Rycroft tied the

score 12 minutes later and it remained deadlocked until the final buzzer. Alaska goalie Bond Sutton stopped 17 shots while Alberta net-minder Tony Schuller registered 22 saves.

Patrick Anderson broke up a scoreless tie with a goal at 4:50 of the second period and Brad Byblow added an insurance goal in the third period as Yukon blanked NWT. Goalie Revinder Sidhu registered the shutout.

Pee Wee Division

Jed Snyder's goal at 10:32 of the second period proved to be the game winner as Alaska skated to a 3-2 victory over Yukon. Dax Wiegand and J.D. Cowan accounted for Alaska's other goals.

Wednesday's Hockey results

Midget Division

Yukon 2, Northwest Territories 0. Goals—(Y) P. Anderson, Byblow. Assists—McInroy 2, Byblow, Friesen. Saves—(Y) Sidhu 7, Donahue 14.

Alaska 1, Alberta 1. Goals—(Ak) Cridge. (Al) Rycroft. Assists—(Ak) Lund. (Alb) Gould. Saves—(Ak) Sutton 17. (Al) Schuller 22.

Pee Wee Division

Alaska 3, Yukon 2. Goals—(Ak) Cowan, Wiegand, Snyder. (Y) T. Deuling, J. Deuling. Assists—Snyder, Richardson, Wartes, Weier. (Y) None. Saves—(A) Hanson 17. (Y) Ash 16.

Alaska 8, Northwest Territories 5. Goals—(Ak) Wiegand 2, Ryther 2, Richardson, Zuspan, Weier, Friesen. (NWT) Bran 2, Harris, Chye, Strain. Assists—(A) Friesen 3, Zuspan, Ryther, Cowan, Torres. (NWT) Crowther 2, Strain, Bran, Chye, O'Sullivan, Sims. Saves—(A) Hansen 13, Dormouth 24.

Senior Division

Northwest Territories 6, Yukon 2. Goals—(NWT) Knight 3, Flett, Weaver, Dupuis. (Y) Cook, Gleason. Assists—(NWT) Burlington 4, Knight, Todd, Tordoff, Weaver, Minute. (Y) Parks, T. Slonski, Aucoin. Saves—(NWT) Connors 9. (Y) Howell 22.

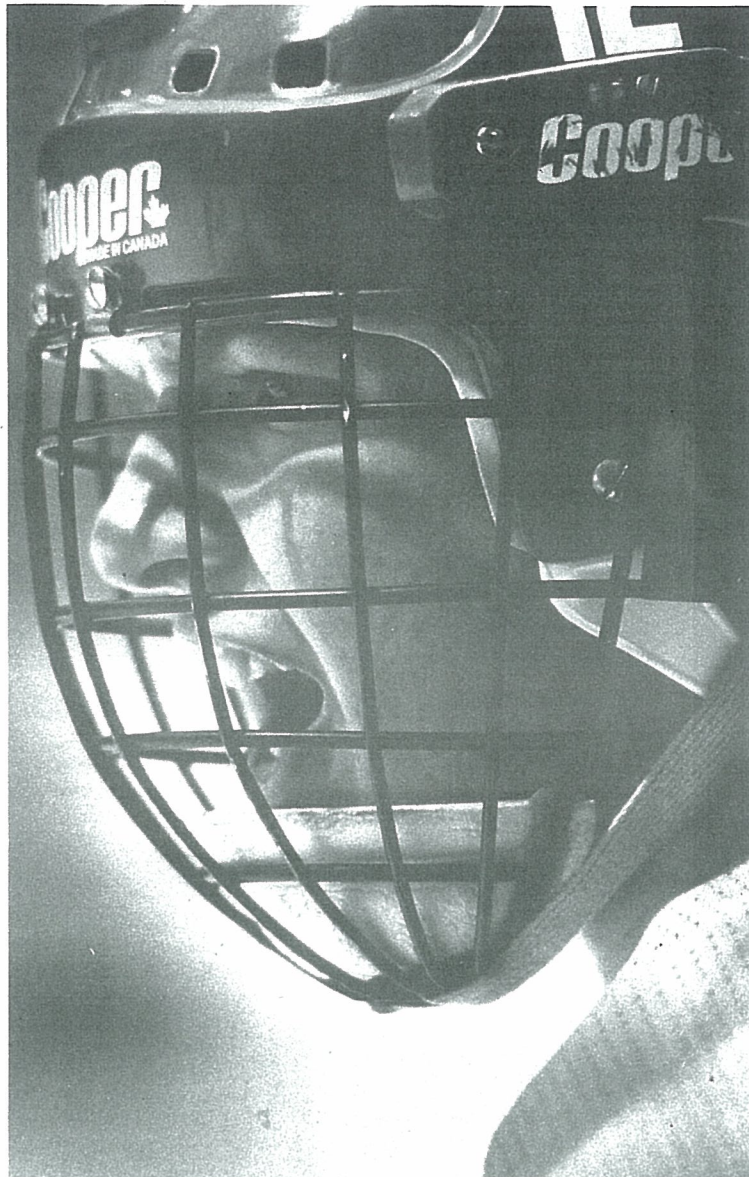
Tuesday's Late Results

Midget Division

Alberta 7, NWT 4. Goals—(A) Bablitz 2, Rycroft, Harper, Gould, Devost, T. Stewart. (NWT) Walsh, Jones, McClelland, Maher. Assists—(A) Bablitz 3, T. Stewart 2, Gould 2, Devost, R. Stewart. (NWT) Harris 2, Maher, Gau, Colville, Gordon, Zorn. Saves—(A) Krebs 17. (NWT) Doherty 20.

Senior Division

Northwest Territories 3, Alaska 2. Goals—(NWT) Todd, Asleson, Dupuis. (A) Cartier, Murphy. Assists—(NWT) Broadhead 2, Todd, Tordoff. (A) Milles, Miller, Lee, Haddad. Saves—(NWT) Connors 21. (A) Brice, 21.



HOLLER GUY—Alberta's Troy Gould yells support to his teammates during a game against Alaska.

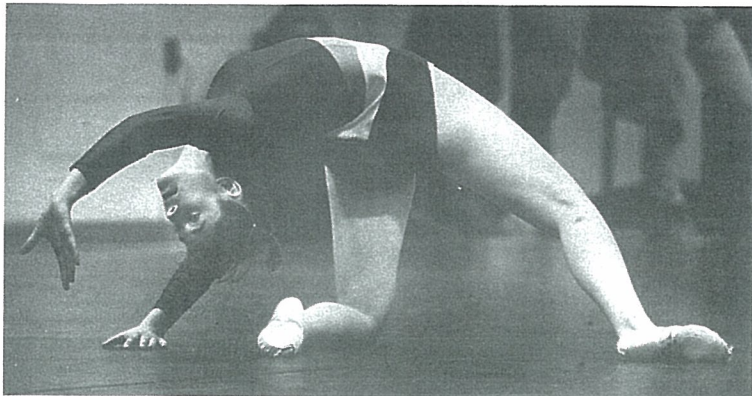
Mike Belrose/Ulu News

PAIRS SKATING—Alaska's Todd Cridge, left, applies a check to Alberta's Birk Bablitz, who gets off a pass. Alaska and Alberta skated to a 1-1 tie in an AWG Midget-division game Wednesday at the Big Dipper Ice Arena.

Mike Belrose/Ulu News

Gymnastics

Individual honors up for grabs



MAT MAID—Team Alaska's Debbie Mitchell performs a floor exercise in gymnastics competition Wednesday at Lathrop High School.

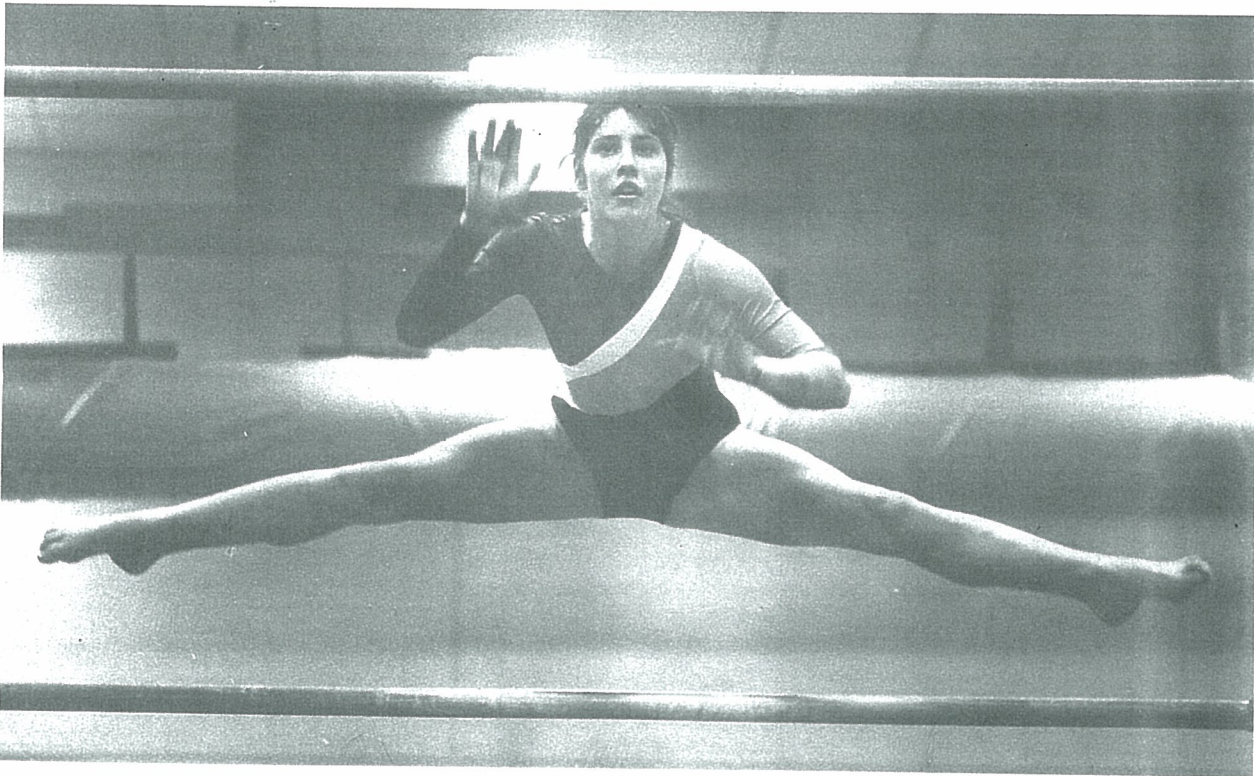
Mike Belrose/Ulu News

Fresh from a win in team competition, Team Alaska gymnasts will be on their toes in today's individual competition in the Arctic Winter Games.

Winning three of four events, Alaska posted an all-around score of 94.75 to edge Yukon Territory, which turned in a 92.7. Placing third with an all-around score of 71.45 was Northwest Territories.

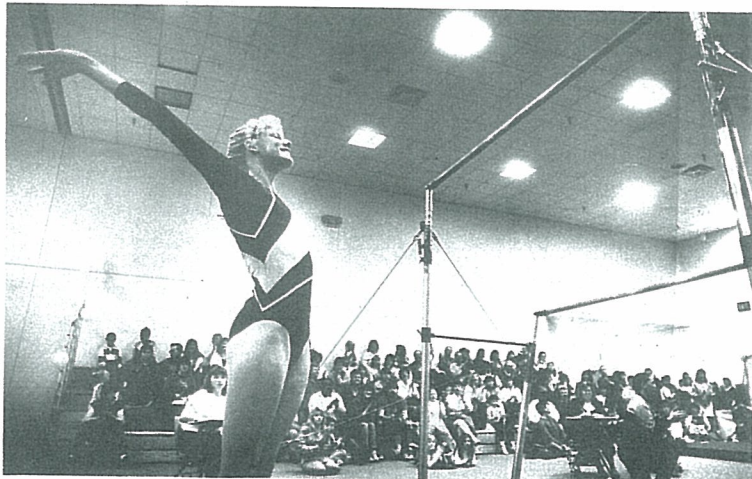
"We did the job to win, but we did not do our best," Alaska Coach Heidi Yandow said. She was least satisfied with her team's performance on the balance beam.

The Alaska team, composed of Heather Hemry, Marci Kenley, Debbie Mitchell and Melissa White, placed first on the vault (24.75), the uneven bars (23.5) and the balance beam (22.1) and took second on the floor exercises.



AIRBORNE—Melissa Bayly of Northwest Territories flies through her routine in the uneven bars.

Mike Belrose/Ulu News



PERFECT POSE—Monica Watson of Yukon Territory is pleased with her performance on the uneven bars. Watson is expected to lead the individual competition today.

Mike Belrose/Ulu News

Yukon Territory won the floor competition with a combined score of 24.7 and placed second on the vault, the balance beam and the uneven bars.

Yukon competitors were Natasha Odin, Doris Hausleitner, Jessica Bryant and Monica Watson.

Competing for Northwest Territories were Cheryl Leschasin, Melissa Bayly, Christina Jackson and Joni Gelinas.

Yukon's Watson is expected to lead the individual competition today, said Yandow.

Wednesday Gymnastics Results

Vault—1. Alaska, 24.75; 2. Yukon Territory, 23.35; 3. Northwest Territories, 22.2.

Uneven Bars—1. Alaska, 23.5; 2. Yukon Territory, 22.9; 3. Northwest Territories, 14.45.

Balance Beam—1. Alaska, 22.1; 2. Yukon Territory, 21.75; 3. Northwest Territories, 15.55.

Floor Exercises—1. Yukon Territory, 24.7; 2. Alaska, 24.4; 3. Northwest Territories, 18.85.

All-Around—1. Alaska, 94.75; 2. Yukon Territory, 92.7; 3. Northwest Territories, 71.45.

Silhouette Shooting

Fairbanksan finally gets his shot in games

By DAVE THOMAS
Sports Writer

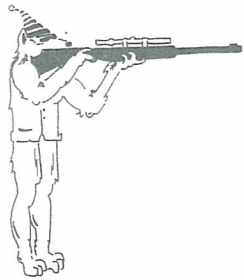
It took Larry Poland 12 years to get to the Arctic Winter Games and the Fairbanks silhouette shooter is trying to make the most of his opportunity.

Poland first tried out for an Arctic Winter Games after moving to Alaska in January 1976, but always came up short—until this year.

"Maybe that's something I shouldn't admit," he said, laughing about his string of near-misses. "I was an alternate a couple of times, but that doesn't count if the other guy gets on the airplane."

In his first competition, Poland is on the verge of winning a gold ulu.

With just one round of shooting to go in the three-round competition



TRIGGER HAPPY—Shayne Cassidy, above, of Northwest Territories takes aim in the Junior rifle event of silhouette shooting Wednesday.

Polly Walter/Ulu News

that started Tuesday at the UAF outdoor shooting range, Poland is in first place in the Open Pistol division with 47 points out of 80.

One point is awarded for every target knocked over. Shooters fire at 40 targets—metal cutouts of animals—in each day's round.

"I am not happy with my scores, but a lot of that has to do with peer pressure," he said. "When you've got guys watching, it puts peer pressure on you."

Poland is also feeling the pressure from teammate Lee McDaniel and Rob Pellerin of the Northwest Territories. The pair are tied for second with scores of 46 going into today's final round, which begins at 8 a.m.

"I should be shooting better, but everybody is in the same boat," Poland said of the low scores. "I will give it my best shot, pardon the pun."

In the other competitions, Al Albers of the Yukon Territory leads Open Rifle with a score of 60. That is two points better than Ken Bunch and five better than Tom Soucek, both of Alaska.

In Junior Rifle, Northwest Territories' Ray Gonzales leads with 40, well ahead of teammate Shayne Cassidy and Alaska's Pat Anteau, tied for second with 31 points.

Poland said the weather has kept his scores low. Cold temperatures and high winds affect the bullets' flight.

"You have to adjust the sights for the various weather conditions," he said. "The wind affected things considerably the way it was blowing out there."

Poland said shooters need to make adjustments on almost everything from ammunition to the angle of the sight, depending on the weather.

To prepare for the different conditions, Poland tested more than 30 different types of ammunition. He records the type of weather he

shoots in and the ammunition used in order to match the best bullets to the conditions.

Despite the weather and the pressure, Poland is enjoying himself because of the people at the games.

"Everybody is competing, but they are also here to enjoy themselves," he said. "They bend over backwards to help each other."

The camaraderie between the shooters takes some of the pressure off competitions and extends outside the shooting events, several shooters agreed Wednesday.

"I offered to take them (his competitors) out last night and I was going to pay," Poland said, pointing to a member of the Yukon Territory delegation. "I knew if I got them drunk, I could take advantage of them today."

"I'll cheat fairly anyway I can," Poland said, as the two shooters laughed over the chiding.

Friendly people are the main reason Poland has grown accustomed to Fairbanks and the North since moving from his native Arkansas in the mid-70s. For example, co-workers at Sophie Station hotel picked up Poland's work schedule this week so he could compete.

He works the graveyard shift and it would have been difficult for him to work, then shoot first thing in the morning.

Poland moved here after he had been robbed on a hunting trip. His brother, who was working at Prudhoe Bay, called him and

(See SHOOTING, page B-9)



SPOTTER—Dennis Walsky, left, a resident of Whitehorse, Yukon Territory, uses a spotting scope to score a target in silhouette shooting.

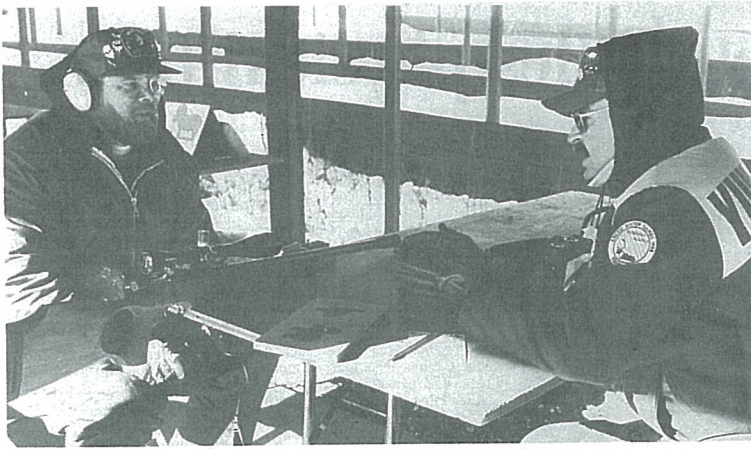
Polly Walter/Ulu News



CONTEMPLATION—William Hill of Alaska meditates before beginning his match in silhouette shooting Wednesday.

Polly Walter/Ulu News

Shooting and Biathlons



TARGET TALK—Dennis Horsman, left, and R.J. Huckstep of Yukon Territory discuss the fine points of aiming. *Polly Walter/Ulu News*

St. Jean a double-uluist

Northwest Territories' Trevor St. Jean picked up his second snowshoe biathlon gold ulu in as many days when he won the Arctic Winter Games five-kilometer event Wednesday at the Birch Hill Recreation Area Biathlon Range.

St. Jean, who won the three-kilometer race on Tuesday, posted a time of 30 minutes, 44 seconds, to become the only double-gold uluist in the biathlon.

NWT's Willy Rowe picked up the silver ulu in 32:23. John Sums-moyen of the Yukon Territory took the bronze, finishing one minute behind Rowe.

Alaska snowshoers captured the other two gold ulus awarded on Wednesday.

Tamaris Dorch captured first place in the women's division with a time of 37:16. Amanda Turvey of NWT took second in 37:57 and Yukon's Rose Kushniruk captured finished third in 40:12.

Mike Johnson brought home the gold ulu in the men's division with a

clocking of 31:03. Chester Kelly of the Yukon won the silver, finishing 50 seconds behind Johnson. The bronze went to Yukon's John Flynn in 32:40.

The snowshoe biathlon competition concludes today with a 3x5-kilometer relay race in each division.

Wednesday Snowshoe Biathlon Results

Five-Kilometer Event
Women's Division—1. Tamaris Dorch, Alaska, 37:16; 2. Amanda Turvey, Northwest Territories, 37:57; 3. Rose Kushniruk, Yukon Territory, 40:12; 4. Barb Cameron, NWT, 40:23; 5. Faith Nava, A, 42:39; 6. Cathie Glenn, NWT, 43:18; 7. Suzanne Labelle, YT, 44:14; 8. Liz Kelly, YT, 44:49; 9. Jennifer Tomany, A, 48:54.
Men's Division—1. Mike Johnson, A, 31:03; 2. Chester Kelly, YT, 31:53; 3. John Flynn, YT, 32:40; 4. Kevin Fitzgerald, A, 34:20; 5. Michael Jones, NWT, 35:30; 6. Tom Desjarlais, NWT, 36:03; 7. Rayman Caley, YT, 36:17; 8. Jerry Dorch, A, 44:27.
Junior Division—1. Trevor St. Jean, NWT, 30:44; 2. Willy Rowe, NWT, 32:23; 3. John Sums-moyen, YT, 33:24; 4. Dylan Amour, YT, 35:04; 5. Lionel Vegso, NWT, 35:16; 6. Carl Pfisterer, A, 36:22; 7. Benoit Laselle, YT, 36:23; 8. Shawn Patterson, A, 38:28; 9. Richard Possenti, A, 46:19.

Hunting skills count in course

By DAVE THOMAS
Staff Writer

Mention silhouette shooting, and most people conjure up images of a police firing range, with officers firing slugs into black cutouts of the upper half of a human silhouette.

That's far different than silhouette shooting at the Arctic Winter Games.

"What the police do it totally different," said event organizer Joe Nava. "That is a practical pistol course, while this is intended to be training for hunting."

Nava said that police practice quick draw and rapid fire. Silhouette shooting is designed to be more scientific, accurate and instructional.

Police use paper targets, while

the targets in silhouette shooting are made of one-quarter-inch steel, weighing from 1 to 5 pounds.

The four targets, set up at various distances, are cutouts of a chicken, a pig, a turkey and a ram.

The chicken is set up at 25 yards for pistol competitions and 40 meters for rifle. The pig is at distances of 50 yards and 66 meters, the turkey at 75 yards and 77 meters, and the ram at 100 yards and meters.

A round is made up of 10 shots at each of four targets. The competition at the games consists of three rounds.

A target has to be knocked off the stand for the shooter to earn a point.

While the rifles are fairly standard, with the main requirement

being that they are .22 caliber, regulations for pistols vary.

The key provisions are that they also be .22 caliber and that the barrel of the gun be no more than 10 3/4 inches long.

Competitors use different types of pistols. Leader Larry Poland uses a High Standard with a 7 1/2-inch barrel. Another shooter uses a Walther with only a 4-inch barrel.

The rifle competition uses National Rifle Association rules for standards. Pistol shooters abide by the International Metallic Silhouette Association rules.

Pistol shooters use different guidelines because they agreed before the games not to allow telescopic sights on pistols. NRA rules allow the use of pistol scopes, while IMSA rules do not.

Yukon biathletes triumph again

Led by individual silver and bronze ulists Sean Sheardown and Jeff Lister, respectively, the Yukon Territory team skated to an easy victory Wednesday in the 3x7.5-kilometer ski biathlon relay at Birch Hill.

The Yukon trio, which included Scott Fraser, posted a total time of 1 hour, 40 minutes, 16 seconds, to beat second-place Alaska by almost 10 minutes.

The Alaska team, consisting of Josh Gillespie, Helen Amaktolik and Tuesday's gold uluist in the individual 10K race, Robert Brews-

ter, posted a time of 1:50:08. The bronze went to the Northwest Territories of Bernie Funston, Susan Flack and Peter Hart, which finished close behind Alaska in 1:50:49.

Ski biathlon competition concludes this morning at 10 with the 15K individual race.

Wednesday Ski Biathlon Results
 3x7.5-Kilometer Relay—1. Yukon Territory (Scott Fraser, Jeff Lister, Sean Sheardown), 1:40:16; 2. Alaska (Josh Gillespie, Helen Amaktolik, Robert Brewster), 1:50:08; 3. Northwest Territories (Bernie Funston, Susan Flack, Peter Hart), 1:50:49; 4. Makeup team (Waterrevs, NWT; Eneube, A.; Nicholson, YT), 2:06:35.

SHOOTING

(Continued from page B-8)

offered a plane ticket north. Poland accepted.

Since arriving, Poland has become active in competitive shooting through the Tanana Valley Sportsman's Association.

A back injury in 1979 forced him to give up competitive high-powered rifle shooting.

While his competitive shooting career is fairly short, Poland was not unfamiliar with guns. He grew up in rural Arkansas and started shooting for hunting and fun.

"Sometimes we would go out on a Sunday and see who's the best shot," he said.

He said the terrain made using a gun almost a necessity at times.

"We lived in river-bottom country and there were a lot of snakes

and critters to shoot down there," he said.

Wednesday Silhouette Shooting Results
Open Pistol—1. Larry Poland, Alaska, 47 points; 2. (tie) Lee McDaniel, Alaska, and Rob Fellerin, Northwest Territories, 46; 4. Mike Davis, Yukon Territory, 41; 5. Dave Sherstone, NWT, 38; 6. Bruce Bannister, NWT, 37; 7. Norm Pisponey, Alaska, 32; 8. Dennis Wolsky, Yukon, 28; 9. Richard Huckstep, Yukon, 25.

Junior Rifle—1. Ray Gonzales, NWT, 40; 2. (tie) Shayne Cassidy, NWT, and Pat Anteau, Alaska, 31; 4. James Dick, Yukon, 29; 5. Keeley Davignon, Yukon, 28; 6. Dave Metcalf, Alaska, 26; 7. William Hill, Alaska, 25; 8. Scott Robertson, NWT, 18; 9. Jeff Wagner, Alaska, 15.

Open Rifle—1. Al Albers, Yukon, 60; 2. Ken Bunch, Alaska, 58; 3. Tom Soucek,

Alaska, 55; 4. Dale Bower, Alaska, 54; 5. John Wreggitt, Yukon, 50; 6. Dennis Horseman, Yukon, 44; 7. Dave Muirhead, NWT, 44; 8. Lorne McNeice, NWT, 39; 9. Greg Robertson, NWT, 23.

50% OFF — Closeout Special
ATARI VIDEO GAME SPECIAL
 Over 30 titles available — great color graphics
FAR NORTH ATARI — 456-3700
 59 College Rd., Regency Court Mall

GET A GOOD DEAL FOR A GOOD DEAL LESS
YAMAHA OUTBOARDS
\$200.00 FACTORY REBATE
 30H.P. PRO 50H.P. 70H.P.
 January 1, 1988 through March 31, 1988
PERSINGER'S MARINE
 205 Old Rich. 456-6821

Take Home An Alaskan Memory!

Now At **Special Prices!!**

- Ivory & Jade • Scrimshaw
- Nuggets & Hematite
- ULU Knives & Much More

Perdue's Jewelry
 Now in 2 Locations
 Shopper's Forum 456-5105 Courthouse Square 456-2027
 M.C. VISA, DISCOVERY, AM. EXPRESS

Got Your Arctic Winter Games Jacket?
Initially Yours Embroidered "ARWIN" on the back!
 ★ Check the pocket ★ of your A.W.G. jacket for a **\$2.00 Coupon!**
 See us for all your Custom Embroidery.
 Locally owned & operated
Initially Yours
 1428 Gillam Way 452-3345

Hertz Rent A Car
 Two locations:
 • Fairbanks Int'l Airport
 • Airport Way & Cushman
 452-4444 • 456-4004
 Cars, Vans & Trucks

Video Arcade Games
 2 for 1 Special
 Buy 2 game cartridges
GET ONE FREE
FAR NORTH ATARI
 59 College Rd. • Regency Mall • 456-3700

- Pigeon Feed
- Chicken Feed
- Rabbit Feed
- Horse Feed
- Dog & Cat Feed

Your Complete Dog Mushing Supply Store
H & W FEED
 875 OLD RICH. HWY.
 (next to Fairbanks Sand & Gravel)
452-6133
 Richardson Hwy.
 OLD RICHARDSON HWY.
 Sunbelt Inn
 Lumber
 P&S
 Sand & Gravel
H & W

Get Your Pictures IN ONE HOUR!
FAIRBANKS FAST FOTO
 Shoppers Forum Mall • Gavora Mall
 North Pole Plaza

Overview

Ex-football coach tackles physical fitness

By DAVE THOMAS
Staff Writer

George Allen has never been one to shy away from a challenge.

The former football coach built a reputation on building winning football teams where losers once prospered.

Since 1981, Allen has turned most of his energies into something he considers even more important than the Super Bowl—improving the physical fitness of America's youth.

"I never realized the kids in this country were in such poor condition," Allen said Wednesday afternoon. "It's time we did things to get kids in better shape."

Allen is in Fairbanks on behalf of the Arctic Winter Games. He will speak at noon today to the Fairbanks Rotary luncheon at Odyssey Hall.

Earlier today, he was to deliver a talk on aerobic conditioning to athletes at Lathrop High.

It is his passion for improving the fitness of America's youth that helps drive the 65-year-old Allen, who since 1981 has been chairman of the President's Council on Physical Fitness and Sports. He also established the National Fitness Foundation, dedicated to improving the fitness of young people.

"Kids are in terrible shape," he said. "They watch TV, there is only one state left in this country that makes P.E. (physical education) mandatory, and we allow them to eat junk food."

"If we don't take care of our kids, then there is not much hope for the future."

Allen admitted the challenge was greater than he anticipated, but he



GEORGE ALLEN
Heads fitness council

has no intention of slowing down his assault on apathy among youths.

"I don't know how to do things part time," he said of the volunteer position on the President's Council. "It is like putting a team together."

"We have made lots of progress but it is slow progress, because there is not a lot of votes in youth fitness—or money," he said. "But it's needed—there is no other service."

Allen said that in the seven years since he took over the president's council, it has accomplished more than in its previous 31-year history.

Allen cited the acquisition of 200 acres in Newport, Calif., for the construction of a fitness academy. Among other things, the academy will train physical fitness teachers.

Allen said the council has signed an agreement with the Soviet Union to study physical fitness training

techniques in that country. He toured the country last year and looked at fitness programs at all age levels, from kindergarten through high school.

"We named the agreement, 'To compare, not compete,'" he said.

The two countries also agreed to have selected schools in the two countries try the others' national physical fitness test.

Schools in all 50 states will take the Soviet test, including Pearl Creek Elementary in Fairbanks, Palmer Junior High, and Bethel and Nome-Beltz high schools.

Allen said the test will show just how bad the shape of this country's youths are in.

"The results of this Soviet test will wake up a lot of people," he said.

Allen warms up to Golden Heart City

By DAVE THOMAS
Staff Writer

About the only negative thing George Allen said Wednesday about Fairbanks, and Alaska in general, was that he wasn't prepared for the cold.

"I didn't dress warmly enough," he said in an interview between appearances on behalf of the Arctic Winter Games. "I guess coming from California, you get spoiled."

Other than the cold, Allen had no

thing but praise for the 49th State and his Fairbanks hosts.

Allen is visiting Fairbanks to view the games and to lecture athletes and officials. The main stop today will be a speech at noon for the Fairbanks Rotary at Odyssey Hall.

While here, Allen will also promote his own cause: improving the physical fitness of America's youth.

Allen has devoted most of his time and effort to the subject since

1981. He said it must be addressed quickly.

"I never realized the kids in this country were in such poor shape," he said. "It's time we did some things to get the kids in better shape."

Allen praised the efforts of Fairbanks and Alaska aimed at changing the downward slide.

"I see the Fairbanks school district spends \$8,000 per kid on fitness—that's great," he said.

He commended efforts to help

promote fitness among all people such as the Arctic Winter Games.

"The Olympics are fine, but they are just for a group of elite athletes," he said. "Here, this is great. It gives another group of athletes a chance to compete that they wouldn't normally have."

"And they get as much satisfaction out of it. They enjoy it whether they win a medal or not. You can feel the pride."

Allen praised U.S. Sen. Ted Stevens, R-Alaska, for his efforts in

pushing through legislation to increase fitness requirements in schools nationwide.

Stevens helped pass resolution requiring physical fitness in grades kindergarten through 12th grade five days a week.

"He does a good job on youth fitness," Allen said.

Allen said if other states and communities take the same types initiatives done here, it would go a long way towards improving the fitness problems.

U.S. volleyball coach a fan of mental conditioning

By JOHN FRIDRICH
Staff Writer

Along with the exhilaration of winning the Olympic gold medal in men's volleyball at Los Angeles in 1984, U.S. coaches Bill Neville and Doug Beal had a good, hearty laugh.

They won with a team ranked 19th in the world in 1981. Through the traditional means of hard work, plus untraditional psychological techniques, they captured the sport's highest award.

No team had ever started so far back, and no team had wrapped up the championship with such precision, as the Americans swept Brazil three games to none, finishing off the competition in less time than it had taken any previous gold medal winner.

"All this stuff I've been saying, it's actually true," Neville remembers telling Beal afterward as they shared the accomplishment.

The two coaches threw out conventional wisdom on volleyball and did almost everything differently, from their offense to the amount of warm-up time.

Neville is now technical director for the United States Volleyball Association. He is a guest

of the Arctic Winter Games this week, where he shared his expertise with players, coaches and officials.

Neville and Beal faced unique challenges in fashioning an Olympic gold medal team. They coached talented, highly competitive individuals whose Southern California lifestyles did not include a concept of needing and asking for other players' help.

Many of Neville and Beal's training methods were out of the ordinary. They decided the top U.S. player didn't fit in with other players. They let him go, which raised eyebrows.

Then there was the three-week trip the entire team took into the Utah wilderness, a journey that Neville refers to as a "life experience" for the players. About half had never slept outside before, much less traveled 115 miles with 80-pound packs through sub-zero temperatures.

The two coaches did many things that aren't practical for teams and athletes competing in the 10th Arctic Winter Games, but Neville noted one common denominator.

Neville said Americans live in a fast-paced "McDonald's society," where remote control and

digital matches abound, where people want things right now. That contradicts what's necessary to excel in athletics.

"Sports haven't changed," he said. "To be a champion, it still takes time."

Neville speaks highly about the "process of getting there," a reference to establishing a goal and committing to reach it.

Many of the things U.S. residents enjoy on a daily basis, such as travel, are not readily available to the Eastern Bloc countries. Sports officials in those countries use travel to motivate young athletes.

"I think it's a tough dilemma," Neville said.

"Coaches need to think of real creative ways to sell kids that the goal is worth it," he said. "I don't think that's been done."

The U.S. men's team Neville and Beal put together didn't lack talent, competitiveness or motivation, but it was short on life experience: conditions where they were forced to rely on one another for survival.

Working with psychologists and the Outward Bound program, the coaches came up with the Utah trip, 18 months before the Olympics. "The guys howled. Oh, did they howl about that," Neville said.

Others howled, too. "You're going to take our Olympic team out in the wilderness where they could die," skeptics said.

Neville said it would have been just as easy for a player to die in a California freeway accident. However, driving bumper to bumper at 60 miles per hour was the type of thing players took for granted.

Also, no cooperation is required in freeway driving. Too much pride had kept the players from saying, "I need your help," and "Can I help you?"

The Utah trip changed that. "It made them all equal," Neville said. "They needed each other. That was the main point of the exercise. . . . We felt we had to risk some things to achieve our goal."

It's difficult to measure how much that experience contributed to the gold medal, Neville said, but shortly before the team took the court for the final game, the captain pulled out the journal he'd kept during a solo climb. He read an excerpt to his teammates, bringing back the experience they'd shared.

The coaches used psychological techniques. One had players respond instantly to different on-court scenarios.

If a particular player's name

wasn't mentioned consistently by teammates, it likely meant they didn't trust that person, Neville said.

One exercise had players determine who would serve, set and hit in a critical situation, and even who would sit where on the bench.

Virtually everyone put himself in each of the key positions. Most of the team put one player way up in the stands, which wasn't an option in the exercise, but was a definite indication of their confidence in his abilities.

In later tests, players placed that teammate on the bench, a measure of the respect he'd gained.

Even coaches were evaluated. Neville and Beal were videotaped in action, and other coaches analyzed their behavior, asking, "Why did you do this, why did you do that?"

In one instance, Neville, in frustration, turned his back on the players. "Is that a productive type of behavior?" he was asked.

The U.S. men's team is favored this summer at the 1988 Summer Olympics in Seoul, Korea. Neville is concerned that complacency, always a danger for defending champions, may adversely affect the team's performance.

Other Results

Badminton players meet their match

After three long days of round-robin competition in the Arctic Winter Games badminton tournament, the stage is set for medals round play.

The top three singles players in each division will advance to the semifinals as will the top three doubles teams.

Semifinal matches will start at 2 p.m. at the Ryan Middle School Gymnasium. Championship matches start at 5:45 p.m. and will run through 9:30 p.m.

The presentation of ulus will follow the final title match.

Wednesday's Badminton Results
Juvenile Men Singles—Koepeke, Yukon Territory, def. Barnes, Alaska, 15-3, 15-2; Gregerson, YT, def. Mathison, Northwest Territories, 15-8, 11-15, 15-11; Seese, A, def. Lacasse, NWT, 2-15, 17-16, 15-6.

Juvenile Women Singles—Gardiner, YT, def. Lee, A, 11-3, 11-5; Stokes, Y, def. Merlieux, NWT, 11-8, 11-4; Crawford, NWT, def. Bosch, A, 11-6, 11-4.

Junior Men Singles—McHugh, YT, def. Lee, A, 11-3, 11-5; Stokes, Y, def. Merlieux, NWT, 11-8, 11-4; Crawford, NWT, def. Bosch, A, 11-6, 11-4.

Junior Women Singles—Cairns, YT, def. Miller, A, 11-2, 8-11, 11-3; Thompson, YT, def. Adla, NWT, 4-11, 11-5, 11-8; Slisz, A, def. Green, NWT, 11-1, 11-1.

Open Men Singles—Canha, A, def. Cafferata, YT, 18-14, 16-18, 17-14; Markgraf, NWT, def. Armstrong, YT, forfeit; Procyshyn, A, def. Bennett, NWT, 9-15, 15-11, 15-9.

Open Women Singles—Casselman, YT, def. Webb, A, 11-1, 11-1; Lal, NWT, def. Finton, YT, 11-8, 11-3; McNally, A, def. Williams, NWT, 11-4, 11-1.

Juvenile Mix Doubles—Gardiner-Gregerson, YT, def. Merlieux-Lacasse, NWT, 15-1, 15-5; Crawford-Mathison, NWT, def. Lee-Seese, A, 15-9, 15-11; Stokes-Koepeke, YT, def. Barnes-Bosch, A, 15-2, 15-7; Gardiner-Gregerson, YT, def. Crawford-Mathison, NWT, 15-3, 15-6; Miller-Webb, def. Adla-Gramlich, 15-8, 15-2; Stokes-Koepeke, YT, def. Lee-Seese, A, 15-3, 15-3; Lee-Seese, A, def. Gardiner-Gregerson, YT, 15-10, 15-2; Stokes-Koepeke, YT, def. Merlieux-Lacasse, NWT, 15-4, 15-5; Crawford-Mathison, NWT, def. Bosch-Barnes, A, 15-4, 17-14.

Junior Mix Doubles—Worden-Thompson, YT, def. Gramlich-Adla, NWT, 15-5, 15-11; Green-Harker, NWT, def. Slisz-Lee, A, 15-13, 15-6; Webb-Miller, A, def. McHugh-Cairns, 15-15, 15-11; Green-Harker, NWT, def. Worden-Thompson, YT, 15-9, 15-4; Miller-Webb, A, def. Gramlich-Adla, NWT, 15-8, 15-2; Cairns-McHugh, YT, def. Slisz-Lee, 15-9, 15-7; Miller-Webb, A, def. Green-Harker, NWT, 15-11, 15-6; Cairns-McHugh, YT, def. Adla-Gramlich, NWT, 15-6, 15-0; Worden-Thompson, YT, def. Slisz-Lee, A, 16-15, 15-18, 15-11.

Open Mixed Doubles—Lal-Markgraf, NWT, def. Fitton-Cafferata, YT, 15-9, 18-14; Bennett-Williams, NWT, def. Canha-Webb, A, 15-1, 15-3; Procyshyn-McNally, def. Hemsley-Casselman, YT, 15-3, 15-2; Williams-Bennet, NWT, def. Fitton-Cafferata, YT, 17-14, 15-7; McNally-Procyshyn, A, def. Lal-Markgraf, NWT, 15-12, 15-13; Webb-Canha, A, def. Casselman-Hemsley, YT, 15-12, 15-7; Williams-Bennet, NWT, def. McNally-Procyshyn, A, 15-9, 15-2; Lal-Markgraf, NWT, def. Casselman-Hemsley, YT, 15-13, 15-0; Fitton-Cafferata, YT, def. Webb-Canha, A, 15-1, 4-15, 15-5.

Juvenile Men Doubles—Gregerson-Koepeke, YT, def. Seese-Barnes, A, 15-12, 15-6; Gregerson-Koepeke, YT, def. Lacasse-Mathison, NWT, 15-8, 15-11.

Juvenile Women Doubles—Stokes-Garsiner, YT, def. Bosch-Lee, 15-5, 15-0; Stokes-Gardiner, YT, def. Crawford-Merlieux, 15-7, 15-10.

Junior Women Doubles—Thompson-Cairns, YT, def. Green-Adla, NWT, 15-5, 15-1.

Junior Men Doubles—Warden-McHugh, YT, def. Harker-Gramlich, NWT, 15-2, 15-7.

Open Women Doubles—Fitton-Casselman, YT, def. McNally-Webb, 15-3, 15-9; Williams-Lal, NWT, def. Fitton-Casselman, YT, 15-6, 15-6.

Open Men Doubles—Bennett-Markgraf, NWT, def. Cafferata-Hemsley, YT, 15-3, 15-8.



TIGHT TURN—Tim Wainwright of Northwest Territories leans into a turn in 800-meter short-track speedskating at the University of Alaska Fairbanks. Wainwright sprinted to a gold ulu in the men's 1,000-meter event.

Brian Schneider/Ulu News

Speedskaters shift into high gear

Athletes from the Northwest Territories continued to dominate speedskating Wednesday at the University of Alaska Fairbanks Ice Arena, and almost registered another clean sweep of ulus.

NWT skaters won five of the six ulus awarded. Alaska's Meghan Barstow broke NWT's dominance in the event by picking up the silver ulu in the women's 1,000-meter event. Aimee Phillipot of NWT won the gold and teammate Carol Boudreau captured the bronze.

Times on the top three finishers were not available.

In the men's 1,000-meter event, NWT's Tim Wainwright captured the gold ulu with a clocking of 1 minute, 54.88 seconds. That was just .07 seconds ahead of runnerup Jimmy Gorchert and .14 seconds ahead of bronze uluist Dean Leonardis.

Speedskating continues at 5:30 p.m. today with finals in three events.

Wednesday Speedskating Results
 1,000-Meter Race

Women's Division—1. Aimee Phillipot, Northwest Territories, no time available; 2. Meghan Barstow, A, nta; 3. Carol Boudreau, NWT, nta; 4. Andria Preiss, YT, 2:24.26; 5. Edna Hayward, NWT, 2:28.09; 6. Jenny Nickinson, A, 2:27.81; 7. Nicole Langevin, YT, 2:37.52; 8. Nora Johnson, YT, 2:39.67; 9. Dawn Laasko, A, 3:22.46.

Men's Division—1. Tim Wainwright, NWT, 1:54.88; 2. Jimmy Gorchert, NWT, 1:54.95; 3. Dean Leonardis, NWT, 1:55.02; 4. Gerhard Hahn, A, 2:07.79; 5. Judd Sturgeon, A, 2:19.41; 6. Matthew Powers, YT, 2:11.93; 7. Martin O'Hagan, YT, 2:11.93; 8. Doug Zatrski, YT, 2:33.88. Did not finish—Mike Atkins, A.

Soccer rolls into semifinals

The round-robin portion of the Arctic Winter Games indoor soccer tournament concludes this morning with two games at the University of Alaska Fairbanks Patty Center Gymnasium.

The medals round will follow with semifinals at 11 a.m. Junior division third-place games are set for 6:30 and 7:45 p.m.

In Junior women's play, NWT won two games while Yukon and Alaska won one.

Wednesday Indoor Soccer Results

Junior Men
 Yukon Territory 5, Northwest Territories 2. Goals—(YT) Deboer 5. (NWT) J. Arey, D. Arey.

Alberta 4, Alaska 3. A—Cromwell, Nelson 2, Wenzlaff. Ak—Sigurdson 3.

Northwest Territories 7, Alaska 6. Goals—(NWT) D. Arey 2, J. Arey 3, Wainman, Gruben. (A) Sigurdson, Gieser.

Alberta 4, Northwest Territories 3. Goals—(A) Silva, Young, Nelson, Vigilance. (NWT) J. Arey, Gruenben 2.

Northwest Territories 7, Alaska 6. Goals—(NWT) D. Arey 2, J. Arey 2, Wainman, Gruben. (A) Sigurdson 3, Gieser 3.

Junior Women
 Alberta 5, Northwest Territories 1. Goals—(A) Udsen, Ramsay 4.

Northwest Territories 6, Yukon Territory 4. Goals—(NWT) Doolittle, Furlong 4, Archie. (YT) Smith, Johnston, Colin.

Alaska 6, Alberta 1. Goals—(Ak) Volson, Hoge 4, Jenkins. (A) Christianson.

Northwest Territories 6, Alaska 3. Goals—(NWT) Archie, Furlong 4, Elanik. (A) Hoge 3.

Cagers hoop it up as finals approach

Alaska basketball teams continued their blitz of opponents in round-robin play with easy wins Wednesday.

In Junior Women, Alaska defeated Yukon Territory, 97-26, then beat Alberta, 75-52. The Alberta game was the closest of the six round-robin games for Alaska.

Also Wednesday, Alberta tripped Northwest Territories, 95-24, and Yukon beat NWT, 54-48.

In Junior Men, Alaska beat NWT 78-41.

Round-robin play concludes this afternoon, with semi-final action beginning at 5:15 p.m. at Monroe Catholic High School.

Medal games will start at 10 a.m. Friday. The Junior Men championship game tips off at noon and Junior Women start at 2 p.m.

Wednesday, Karn Mercer of Juneau scored 23 points to pace Alaska's balanced win over Yukon. Diana Denny of Fairbanks and Lucrecia Burleson of Anchorage added 16 apiece as

five players scored in double figures. Alexis Hill and Marie Byrne had 10 points apiece for Yukon.

Wednesday's Basketball Results
 Junior Women

Alaska 97, Yukon Territory 26. A—Denny 16, Waters 6, Burleson 16, Alex 12, Hebert 10, Wesley 6, Mercer 23, Watkins 8. Y—N. Diquequere 2, Hill 10, Pope 2, Swaks 0, Harvold 2, A. Diquequere 0, Byrne 10.

Alberta 95, Northwest Territories 24. A—McCaig 14, Pomeroy 7, Arsenault 25, Johnson 12, Days 7, Comadina 6, Hill 6, Lilje 14.

Alaska 75, Alberta 52. Ak—Denny 5, Waters 8, Burleson 18, Alex 14, Wesley 4, Mercer 9, Watkins 4, Hebert 13. A—McCaig 3, Pomeroy 9, Arsenault 10, Johnson 9, Davis 10, Comadina 4, Hill 1, Lilje 6.

Yukon Territory 54, Northwest Territories 48. Y—N. Diquequere 3, Hill 3, Pope 12, Swales 8, Harrold 2, A. Diquequere 7, Byrne 19. NWT—King 24, McBryan, Young 2, Arabski 6, Jones 15.

Junior Men

Alaska 78, Northwest Territories 41. A—Knowles 17, Marcus 10, White 5, Wendell 15, Gilmartin 5, Falke 15, Renner 9, Awe 2. NWT—Evaluik 5, Field 11, Ruman 13, Edl 5, Pearce 3, Akoak 5, Wasylucha 2.

NWT gets a leg up in triathlon

Teams from Northwest Territories captured top honors in second leg of the Arctic Winter Game Team Triathlon Tuesday night at the UAF ice arena.

NWT posted a winning combined time of 25 minutes, 53 seconds in the women's 2,500-meter relay. Members of the team were Carol Roberts, Mary Wasylcia, Wendy Stephensen and Kirstie Simpson.

For the men, Bill Coedy, Dick Spaulding, Graham Nickols and Dave McCann combined for a first-place time of 27 minutes, 15 seconds.

Alaska (30:35) took second, followed by Yukon (35:08).

The final leg of the Team Triathlon, a 4X10-kilometer ski relay, which will determine the ulu winners, begins at 10 a.m. today at the Birch Hill ski area.

The individual triathlon will be Friday at the Big Dipper.

Tuesday's Team Triathlon Results
 2500-Meter Relay
 Men's Division

1. Northwest Territories (Bill Coedy, Dick Spaulding, Graham Nickols, Dave McCann), 27:15; 2. Alaska (Jim Lokken, Gary Whately, Kent Karns, Andy Johnson), 30:35; 3. Yukon Territory (Ron McFayden, Dan Daniels, Rudy Sudrich, Evan Davies), 35:08.

2500-Meter Relay
 Women's Division

1. Northwest Territories (Carol Roberts, Mary Wasylcia, Wendy Stephensen, Kirstie Simpson), 25:53; 2. Alaska (Nancy Hammen, Lara Mabry, Lynn Hajdukovich, Mindy Steiner), 29:13.



Broomball finals a Canadian clash

Team Northwest Territories kept its record unblemished by downing the Yukon Territory, 5-2, in women's broomball action Wednesday morning at the University of Alaska Fairbanks Ice Arena.

Results of the second game of the day between NWT and Alaska were not available at press time.

Robin Sproule scored a pair of goals as NWT boosted its record to 3-0. Cathy Cudmore, Esther Cook and Gio Hache each scored once.

Yukon goalie Jodi Rae-Hutter was credited with 44 saves. NWT netminder Brenda Jensen stopped five shots.

Wednesday's Broomball Result

Northwest Territories 5, Yukon Territory 2. Goals—(NWT) Sproule 2, Cudmore, Cook, Hache. (YT) Grimard, Scott. Assists—(NWT) Vallillee 3, Cudmore 2, Golt, Alain, Russell, Saves—(NWT) Jensen 5. (YT) Rae-Hutter 5.

Badminton tourney serves up ulus today

TODAY

ARCTIC SPORTS
West Valley High School Gym
8-10 a.m.—Practice.
Noon-4 p.m.—Arm pull, Junior men and women and Open women.
7-10:30 p.m.—One-foot high kick, Junior men and women and Open men and women; knuckle hop, Open men.
10:30-11 p.m.—Medal presentations and closing ceremonies.

BADMINTON
Ryan Middle School Gym
2-2:45 p.m.—Juvenile, Junior and Open mix doubles, 3rd vs. 2nd.
2:45-3:15 p.m.—Juvenile, Junior and Open men singles, 3rd vs. 2nd.
3:30-4:15 p.m.—Juvenile, Junior and Open women singles, 3rd vs. 2nd.
4:15-5 p.m.—Juvenile, Junior and Open men doubles, 3rd vs. 2nd.
5-5:45 p.m.—Juvenile, Junior and Open women doubles, 3rd vs. 2nd.
5:45-6:30 p.m.—Juvenile, Junior and Open mix doubles, 1st vs. win.
6:30-7:15 p.m.—Juvenile, Junior and Open men doubles, 1st vs. win.
7:15-8 p.m.—Juvenile, Junior and Open women doubles, 1st vs. win.
8-8:45 p.m.—Juvenile, Junior and Open men singles, 1st vs. win.
8:45-9:30 p.m.—Juvenile, Junior and Open women singles, 1st vs. win.
9:30-10 p.m.—Medal presentations and closing ceremonies.

BASKETBALL
Monroe Catholic High School Gym
8 a.m.—noon—Practice.
9:30-11 a.m.—Sport corporation meeting, Mary Siah Center conference room.
Noon-1:45 p.m.—Junior women, Yukon vs. Alberta.
1:45 p.m.—Junior women, Alaska vs. NWT.
3:30 p.m.—Junior men, Yukon v. NWT.
5:15 p.m.—Junior women, 2nd vs. 3rd.
7 p.m.—Junior men, 2nd vs. 3rd.

8:45 p.m.—Junior women, 1st vs. 4th.

BROOMBALL
UAF Patty Center Ice Arena
9-10:30 a.m.—Medal round, game 1.
Noon-1:30 p.m.—Sport corporation meeting, Mary Siah Center basement.
3:30-5 p.m.—Medal round, game 2.
9-10:30 p.m.—Medal round, game 3.

CROSS-COUNTRY SKIING
Mary Siah Recreation Center
2:30-4 p.m.—Sport corporation meeting, basement.

CURLING
Fairbanks Curling Club
9:30-9:50 a.m.—Practice.
10 a.m.—noon—Junior men, Alberta vs. NWT, Yukon vs. Alaska; Junior women, Alberta vs. NWT, Yukon vs. Alaska; Open women, Yukon vs. NWT. Eight ends.
2-2:30 p.m.—Practice.
2:30-4:30 p.m.—Tie-breaker games, if necessary, eight ends.
5-6 p.m.—Sport corporation meeting, Mary Siah Recreation Center conference room.

FIGURE SKATING
UAF Patty Center Ice Arena
10:45-11:15 a.m.—Opening ceremonies.
11:30 a.m.—Noon—Preliminary figures.
Noon-12:45 p.m.—Pre-Juvenile figures.
1 p.m.—Juvenile figures.
1:45 p.m.—Pre-Novice figures.
2:30-3:15 p.m.—Open women figures.
5-6:30 p.m.—Sport corporation meeting, Mary Siah Center lobby.

GYMNASTICS
Lathrop High School
3:30-5 p.m.—Warmups.
5-8 p.m.—Individual competition.
8:30-9 p.m.—Medal presentations and closing ceremonies.

HOCKEY
Big Dipper Ice Arena
6:30 a.m.—Midget, NWT vs. Alberta.
8:30 a.m.—Midget, Yukon vs. Alaska.
10:30 a.m.—Senior men, NWT vs. Alaska.
1 p.m.—Pee Wee, 2nd vs. 3rd.
3:15 p.m.—Midget, 1st vs. 4th.
5:30 p.m.—Midget, 2nd vs. 3rd.
7:45 p.m.—Senior men, 2nd vs. 3rd.

INDOOR SOCCER
UAF Patty Center Gym
7-9 a.m.—Practice.
7:30 a.m.—Sport corporation meeting, Mary Siah Recreation Center basement.
9 a.m.—Junior women, Yukon vs. Alberta.
10 a.m.—Junior men, Yukon vs. Alberta.
11 a.m.—Juvenile men, 2nd vs. 3rd.
12:15 p.m.—Juvenile men, 2nd vs. 3rd.

Your Specialty Alaskan Store

- * Fur Skin — From Rabbit to Wolf — Best Prices Available.
 - * Indian Valley Reindeer Meats & Gift Packs, 2nd Day Delivery Outside
 - * Koktok (Arctic White Fish)
 - * Smoked Salmon
 - * Meat & Salmon Jerky
 - * Swiss Whey — Tastes Like Milk — HALF THE PRICE
 - * Alaskan Souvenirs
- Catering To Fairbanks & The Bush
- Stop By & See Us During The Arctic Winter Games Good Luck!

Toll Free In Alaska:
1-800-478-6874

REINDEER SHOP OF THE ARCTIC
59 College Road
456-4800



1:30 p.m.—Junior women, 2nd vs. 3rd.
2:45 p.m.—Junior women, 1st vs. 4th.
4 p.m.—Junior men, 1st vs. 4th.
5:15 p.m.—Junior men, 2nd vs. 3rd.
6:30 p.m.—Junior women, 3rd place.
7:45 p.m.—Junior men, 3rd place.

SILHOUETTE SHOOTING
UAF Outdoor Shooting Range
8-11 a.m.—Individual Open handgun.
Noon-3 p.m.—Individual Junior handgun.
3-6 p.m.—Individual Open rifle.
7-8:30 p.m.—Sport corporation meeting, Mary Siah Recreation Center basement.

SKI BIATHLON
Birch Hill Biathlon Range
8 a.m.—Practice.
10 a.m.—noon—15K race.
Noon-12:30 p.m.—Medal presentations and closing ceremonies.

SNOWSHOEING
UAF Snowshoe Field
10 a.m.—300-meter races.
11 a.m.—Medal presentations.
3-4 p.m.—Sport corporation meeting, Mary Siah Recreation Center conference room.

SNOWSHOE BIATHLON
Birch Hill Biathlon Range
Noon—Practice.
2 p.m.—3x5K relay.
5-5:30 p.m.—Medal presentations and closing ceremonies.

SPEEDSKATING
UAF Patty Center Ice Arena
10 a.m.—Sport corporation meeting,

Mary Siah Recreation Center basement.
5:30 p.m.—Junior women and men, 400-meter finals; Junior women and men, 1,500-meter finals; Junior women and men, 3,000-meter relays.
8-8:30 p.m.—Medal presentations and closing ceremonies.

TRIATHLON
Birch Hill Ski Trails
10 a.m.—1 p.m.—10-kilometer skiing.

VOLLEYBALL
Lathrop High School Gym
8 a.m.—Junior women, 2nd vs. 3rd.
10 a.m.—Junior women, 1st vs. 4th.
Noon—Junior men, 2nd vs. 3rd.
2 p.m.—Junior men, 1st vs. 4th.
5 p.m.—Junior women, 3rd place final.
7 p.m.—Open men, 2nd vs. 3rd.
9-11 p.m.—Open women, 2nd vs. 3rd.

SOCIAL EVENTS
Noon-5 p.m.—"Natural and Cultural History" exhibit. University of Alaska Museum. Free admission.
7 p.m.—Ice cream social for all AWG participants, Ryan Middle School gym.
8 p.m.—"Northwest Artists in Performance"—Ethnic and folk music, Native games, old-time fiddlers, American Indian dance.

FAIRBANKS ICE FESTIVAL
All day—Ice sculpting by artists from Heilongjiang, China, and National Ice Carving Association from Willowbrook, Ill. Golden Heart Park near Log Cabin Visitors Center on First Avenue.
7 p.m.—Athabaskan Old Time Fiddlers Ball, Eagles Hall, 2001 First Ave.

FRIDAY

ARCTIC SPORTS
Mary Siah Recreation Center
9:30-11 a.m.—Sport corporation meeting, basement.

BADMINTON
Mary Siah Recreation Center
9-10:30 a.m.—Sport corporation meeting, conference room.

BASKETBALL
Monroe Catholic High School Gym
10 a.m.—Junior women, 3rd place.
Noon—Junior men, 1st place.
2 p.m.—Junior women, 1st place.
4-4:30 p.m.—Medal presentations and closing ceremonies.

BROOMBALL
UAF Patty Center Ice Arena
9-10:30 a.m.—Medal round, game 4, championship.
3-4:30 p.m.—Medal round, game 5, championship (if necessary).
4:30-5 p.m.—Medal presentations and closing ceremonies.

CROSS-COUNTRY SKIING
Birch Hill Ski Trails
11 a.m.—3:30 p.m.—Open men, 3x10K re-

lay; Open women, Junior men, Junior women, Juvenile men and Juvenile women, 3x7.5K relays.
3:30-4 p.m.—Medal presentations and closing ceremonies.

CURLING
Fairbanks Curling Club
8:30-8:50 a.m.—Practice.
9-11 a.m.—Seminifinals, 10 ends. Junior men, 1st vs. 4th, 2nd vs. 3rd; Junior women, 1st vs. 4th, 2nd vs. 3rd; Open women, 2nd vs. 3rd.
12:30-12:50 p.m.—Practice.
1-3 p.m.—Finals, 10 ends. Junior men, 3rd and 1st places; Junior women, 3rd and 1st place; Open women, 1st place.
3-3:30 p.m.—Medal presentations and closing ceremonies.

FIGURE SKATING
UAF Patty Center Ice Arena
10:45 a.m.—Preliminary freestyle.
11:15 a.m.—Pre-Juvenile freestyle.
11:45 a.m.—Juvenile freestyle.
12:15 p.m.—Pre-Novice freestyle.
12:55 p.m.—Open women freestyle.
1:30-2 p.m.—Medal presentations and closing ceremonies.
2:15-2:45 p.m.—Exhibition.

GYMNASTICS
Mary Siah Recreation Center
11 a.m.—12:30 p.m.—Sport corporation meeting, conference room.

HOCKEY
Big Dipper Ice Arena
6:30 a.m.—Midget, 3rd place.
8:45 a.m.—Pee Wee, 1st place.
11 a.m.—Midget, 1st place.
1:15 p.m.—Senior men, 1st place.
4-5 p.m.—Medal presentations and closing ceremonies.

INDOOR SOCCER
UAF Patty Center Gym
10 a.m.—Juvenile men, 1st place.
11:15 a.m.—Juvenile women, 1st place.
12:30 p.m.—Junior men, 1st place.
1:45 p.m.—Junior women, 1st place.
3:30-3 p.m.—Medal presentations and closing ceremonies.

SILHOUETTE SHOOTING
UAF Outdoor Shooting Range
8-11 a.m.—Team Open handgun.
Noon-3 p.m.—Team Junior rifle.
3-6 p.m.—Team Open rifle.
6:30-7 p.m.—Medal presentations and closing ceremonies.

SKI BIATHLON
Mary Siah Recreation Center
9-10:30 a.m.—Sport corporation meeting, lobby.

SNOWSHOEING
UAF West Ridge Ski Hut
10 a.m.—Junior women, 5K; Open women, 10K.
11:30 a.m.—Junior men, 5K; Open men, 16K.
1-1:30 p.m.—Medal presentations and closing ceremonies.

SNOWSHOE BIATHLON
Mary Siah Recreation Center
11 a.m.—12:30 p.m.—Sport corporation meeting, lobby.

TRIATHLON
Big Dipper skating oval
Lathrop High School ski trails
1 p.m.—Open men, 2,500-meter power skating; 5K run, 5K skiing.
2 p.m.—Open women, 2,000-meter power skating; 5K run, 5K skiing.
4-4:30 p.m.—Medal presentations and closing ceremonies.

VOLLEYBALL
Lathrop High School Gym
8 a.m.—Junior men, 3rd place.
10 a.m.—Junior women, 1st place.
Noon—Junior men, 1st place.
2 p.m.—Open women, 1st place.
4 p.m.—Open men, 1st place.
6-6:30 p.m.—Medal presentations and closing ceremonies.

SOCIAL EVENTS
8 a.m.—4:30 p.m.—"Showcases of Alaskan Art" and an exhibit of drawings by Fairbanksan Eloise Larsen. Fine arts gallery of University of Alaska Fairbanks.
Noon-5 p.m.—"Inner Skins Outer Skins" exhibit at University of Alaska Museum. Also on exhibit is "Natural and Cultural History." Free admission.

FAIRBANKS ICE FESTIVAL
1 p.m.—Start of North American Sled Dog Championships, Second Avenue near Co-op Drugs.
7-7:30 p.m.—Fairbanks Ice Festival opening ceremony, Golden Heart Park near Log Cabin Visitors Center, First Avenue.

GRAND CLOSING CEREMONIES
Big Dipper Ice Arena
8-8:45 p.m.—Presentation of Hodgson Trophy.

WHAT'S HAPPENING
at
THE CENTER
3115 AIRPORT WAY • 479-3800

ROLLETECH
SPECIALS ALL WEEK!
MON.-THURS. NOON-9 P.M.
FRIDAY NOON-MIDNIGHT

RAMBLING JACK ELLIOTT
THE ROOF • 8:00 P.M.
Tickets: Premium \$15
General \$10 Advance, \$12 Door
Benefit Concert For AKPIRG

ST. PATTY'S DAY PARTY
THE ROOF
7:00 P.M.
LIVE MUSIC

COMEDY
FLIP ORLEY and JONIE RODGERS
NEW SHOW EVERY WEEK
8:00 & 10:00 p.m. • \$4.00
EVERY FRIDAY & SATURDAY

GUIDO'S
Italian Restaurant
Open For Dinner Wed.-Sun.

Now Serving The Bush Communities With This Toll Free Number
1-800-478-BUSH (2874)
Call us today for all your building needs.
the HOME TEAM
DONNYBROOK
BUILDING SUPPLY

MARCH SPECIAL
CHICKEN FRIED STEAK
With Country Gravy
\$8.50
Thru March 31

Leonard Taylor
Country Western Music
Friday & Saturday at 9 p.m.
Jam Session
Sunday • 4 p.m.

St. Patrick's Day Special • March 17th-20th
Doors open 10 a.m. • Dining 5 p.m. to 10:30 p.m.
Open 7 Days A Week
Cash/leader Tracking Inc.
New Owners of
FOX ROADHOUSE
11 east miles down Steese Exp.
On Old Steese Hwy.
For Reservations 457-7461