

2024



TECHNICAL PACKAGE

GYMNASTICS

TECHNICAL PACKAGE
2024 ARCTIC WINTER GAMES

Sport: Gymnastics

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1. Introduction

Technical Packages are critical guiding documents that assist Host Societies as they coordinate all sport competition (including competition formats, rules and procedures) and Mission Teams as they coordinate their teams' participation (including athlete eligibility, categories and team composition). Every Games' Host Society and Participating Unit's Mission Team, Coaches and Managers have an obligation to read and understand every aspect of the Technical Package. Should a need for clarification arise, questions should be directed through the Participating Unit's Chef de Mission for review and response by the Arctic Winter Games International Committee (AWGIC) Technical Director and Technical Coordinator.

2. Rules

This competition will be conducted under the rules of USA Gymnastics ([rulespolicies.pdf \(usagym.org\)](https://rulespolicies.pdf.usagym.org)) as published on January 1 of the year of the Games, except as modified by the AWGIC. A modification of the USA Gymnastics (USAG) Women's Development Program LEVEL 6 (CCP 6), these rules will be used to judge the vault, uneven bars, balance beam and floor exercise. CCP modifies only equipment height in CCP 6; as such, all special requirements will follow [CCP 6 rules](#). The Host Society must advise Chefs on sanctioning and any related matters that might affect their teams.

3. Sanction

The competition will be conducted under the USA Gymnastics (https://members.usagym.org/PDFs/Forms/Member%20Services/Membership/foreignathlete_coach_judge.pdf) as published on January 1 of the year of the Games, unless otherwise approved by the AWGIC. Where possible, the Host Society should explore sanctioning under their jurisdiction's sport governing body (e.g., Gymnastics Canada or USA Gymnastics). Should a competition be granted sanction, the Host Society will communicate said sanction to all Participating Units, including the conditions of the sanction that may or may not differ from the International Federation's (IFs) rules and sanction.

4. Participants

Each Participating Unit may enter a team comprised of a maximum of four (4) gymnasts and one (1) coach as listed below. All age categories are based upon an athlete's age as of December 31 prior to the Games.

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Athletes

Females 17 years of age or under as of December 31, 2023 Year of birth: 2006 or later (U18)	4
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Staff

Coaches	1
Support Staff	0

If qualified coaches are available - unless otherwise approved by the AWGIC Technical Director and Technical Coordinator - the coach should be female. Units must ensure that coaches are screened and trained in accordance with their jurisdiction's coaching standards.

5. Eligibility

To be eligible to compete in the Arctic Winter Games, an athlete shall:

1. Be a "Developing Athlete"
 1. A Developing Athlete is one who has not represented one's nation in international competition (outside of an Arctic Winter Games) in the sport they are competing in.
 1. An athlete who has competed for one's club in international competition (not representing one's nation) is considered a developing athlete;
 2. An athlete who is a member of one's national team, but has not represented one's nation in international competition is considered a developing athlete.

Athletes who have competed L7 are not eligible, unless a drop back occurred due to injury.

See Appendix A for additional eligibility requirements.

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6. Competition

Format

The competition shall take place abiding by USA Gymnastics [rulespolicies.pdf \(usagym.org\)](#), as published on January 1 of the year of the Games.

Events

- a. Individual
 - Vault
 - Uneven Bars
 - Balance Beam
 - Floor Exercise
 - All Around (total score in all four [4] events)

- b. Team
 - Vault
 - Uneven Bars
 - Balance Beam
 - Floor Exercise

Competition shall be conducted as per the schedule below. Alterations at the discretion of the Host Society must be approved by the AWGIC.

- Team Competition: To be conducted on the first day of competition.
- Individual Competition: To be conducted on the second day of competition. There is no prequalification or limit to the number of events a gymnast may enter.

Schedule

The Host Society shall distribute a first draft of the Master Sport Schedule - a detailed multi-sport schedule, including: competitions, practices/training, pre-Games Coach/Manager meetings and all technical meetings - to the AWGIC and each Participating Unit's Chef de Mission for review no later than 1 year (12 months) prior to the commencement of the Games (Opening Ceremony). The Master Sport Schedule becomes "final" three (3) months prior to the commencement of the Games, unless otherwise approved by the AWGIC. A final review and approval of the Master Sport Schedule must be conducted by the AWGIC Technical Director prior to being considered "final".

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The Master Sport Schedule is developed by the Host Society in consultation with the Sport Vice President, Sport Chairs and the AWGIC as required. The sport schedule is developed using the Sport Technical Packages and by reviewing the sport schedules from previous Games.

The Host Society shall:

- Create a process for stakeholders to provide input and request changes to the schedule;
- Revise and update the Master Sport Schedule, redistributing updated versions as required on an ongoing basis between 12 months pre-Games and the end of the Games.

The Host Society, to the best of their ability shall:

- Refrain from scheduling any competition or practice/training within three (3) hours of the beginning of the Opening Ceremony;
- Respect the timing required for participant feeding, transportation and marshalling for opening and closing ceremonies;
- Ensure that practice/training during the first day of the Games reflects the travel realities of Participating Units (e.g., Units with the least amount of travel should be scheduled to practice/train and/or compete first upon arrival in the Host jurisdiction, where Units with the most travel should practice/train and/or compete last).

7. Scoring

Scoring for Team Competition is as follows:

- A team score is calculated by adding a team's top three scores in each event. Each of the event totals (there are 4 events) are added for the final team score.

8. Medals

Medals shall be awarded individually by event, individually for all-around event, and individually by team for the team event, as follows:

- Gold - 9
- Silver - 9
- Bronze - 9

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Note: Additional medals may be required and awarded in the event of ties. Ties for the Gold Ulu would result in no Silver being awarded. Ties for the Silver Ulu would result in no Bronze being awarded.

9. Competition Uniform

All competition uniforms must abide by the specific Technical Program regulations.

10. Registration

All Participants (athletes, coaches, managers and support staff) must be registered in the Arctic Winter Games electronic registration system (GEMS.pro) no later than 14 days prior to the Opening Ceremony.

11. Protests & Appeals

Field of Play disputes should be managed in accordance with the AWGIC Field of Play conduct Policy and Protest Procedure and each International Federation's (IFs) rules.

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12. Appendix A

AWGP1 ATHLETE AND CULTURAL PERFORMER ELIGIBILITY POLICY

Preamble:

The Arctic Winter Games combine athletic competition, cultural exchange and social interaction among northern contingents. Arctic Winter Games athletic competitions feature sports that enjoy worldwide popularity and sports unique to the north. The AWG Cultural Program offers opportunities for northern artists to perform on a larger stage to diverse audiences. The Arctic Winter Games International Committee is responsible for providing direction and guidance to contingents to ensure meaningful competition and a diverse cultural program in the Arctic Winter Games Program.

Purpose: This policy provides direction and guidance to the participating contingents when selecting athletes and cultural participants for their teams.

To be eligible to compete in the Arctic Winter Games, an athlete shall:

1. Be a "Developing Athlete"
 - a. A Developing Athlete is one who has not represented one's nation in international competition (outside of an Arctic Winter Games) in the sport they are competing in.
 - i. An athlete who has competed for one's club in international competition (not representing one's nation) is considered a developing athlete;
 - ii. An athlete who is a member of one's national team, but has not represented one's nation in international competition is considered a developing athlete.
2. To be eligible to participate in the Arctic Winter Games, a Contingent Cultural performer shall comply with the eligibility requirements included in the current Cultural Technical Package.
3. To be eligible to participate in the Arctic Winter Games, all Contingent Athletes and Cultural performers shall:
 - a. be a resident of Yukon, Northwest Territories, Alberta North (north of 55 degrees), Greenland, Alaska, Nunavut or any other participating Contingent/Guest Contingent approved by the Arctic Winter Games International Committee (AWGIC). Current approved Guest Contingents

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- are Nunavik (Quebec, Canada), Yamal-Nenets (Russia)*, Sapmi (Finland/Norway/Sweden);
- b. have been a continuous resident of the participating Contingent for six (6) months prior to the opening day of the Games;
 - c. comply with all other Arctic Winter Games rules and regulations as outlined in the Arctic Winter Games Staging Manual, Arctic Winter Games Technical Packages or other publications issued by the Arctic Winter Games International Committee;
 - d. comply with all rules and regulations of their Contingent.

NOTE #1.1: 'Resident' means a person who makes their permanent home in a jurisdiction and includes someone who may be temporarily absent from the jurisdiction but who maintains a close connection with the jurisdiction and has the intention of returning to the jurisdiction after a temporary absence. An individual leaving a jurisdiction with no intention of returning continues to be considered a resident of that jurisdiction up to 90 days after leaving and may participate if the first day of the Games falls within that 90-day period.

NOTE #1.2: A resident of a participating Contingent who is attending school outside the Contingent is deemed to be a continuous resident of their Contingent and is eligible to compete for their residence Contingent or the Contingent in which they are attending school (if a participating Contingent) but not both.

NOTE #1.3: An individual who is a resident of a jurisdiction not eligible to compete at the Games; but who lives in a participating jurisdiction as a student, or who is there on a temporary work visa, or who is otherwise temporarily living in a participating jurisdiction; is not considered a resident of the participating jurisdiction and is therefore ineligible to compete in the Arctic Winter Games.

NOTE #1.4: Individual Contingents may impose additional requirements for eligibility for their team provided they do not contravene the intent of the AWG International Committee policies.

* The Arctic Winter Games International Committee has suspended Yamal, Russia, with immediate effect, following the attacks unfolding in Ukraine in a March 1, 2022 decision.