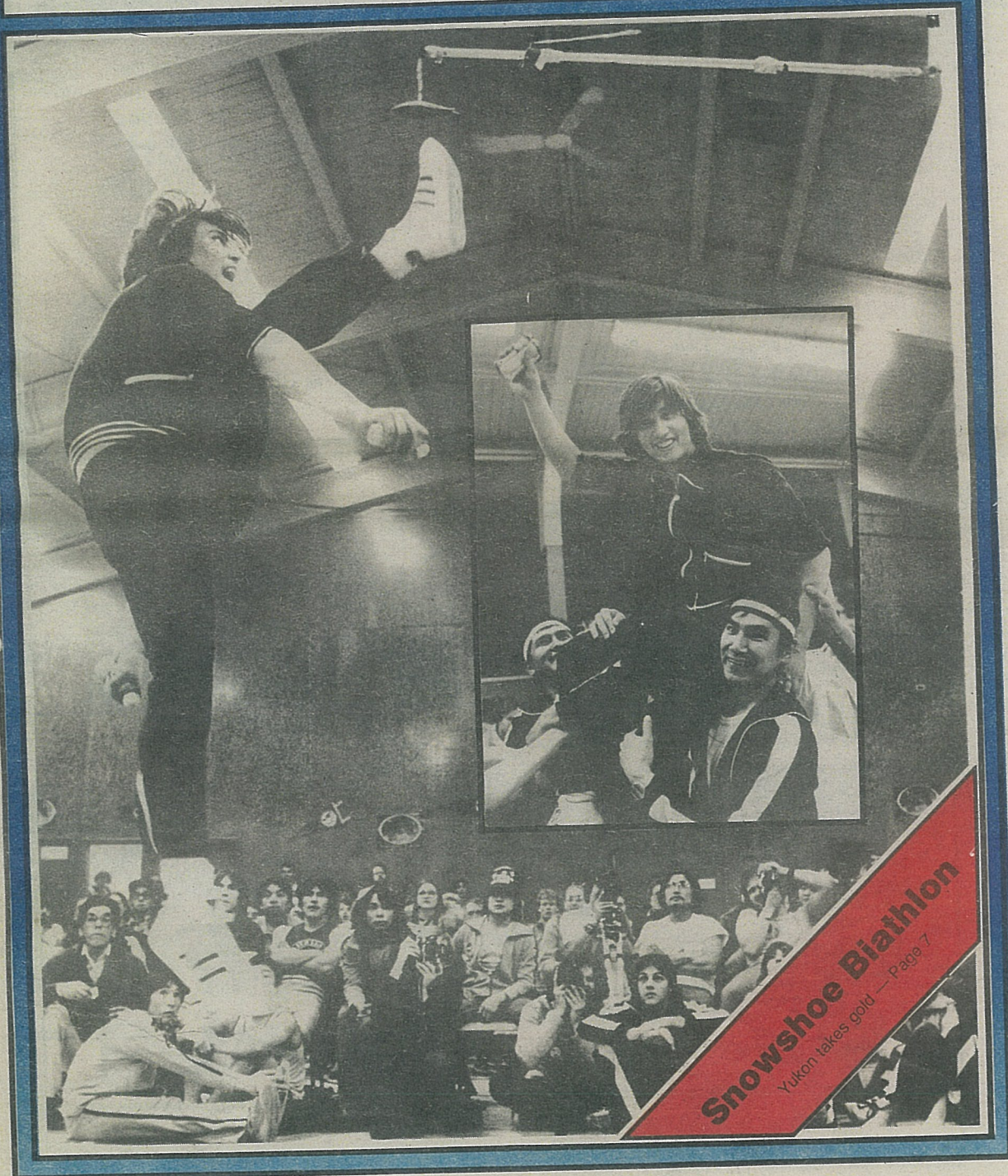


SPONSORED BY **CYPRUS AIRL**
THE OFFICIAL PUBLICATION OF THE 1980 ARCTIC WINTER GAMES

THE **UULU** NEWS

Volume 6 No. 3
Wednesday, March 19, 1980



Snowshoe Biathlon
Yukon takes gold — Page 7

YOUNGEST EVER

Age no limit for kicker

A future great in Arctic Sports

Story: Rhondda Snary
Photographs: Rhondda Snary

Like a Volkswagon beetle between tandem trucks 12-year-old Steve Helm took his place in the line of competitors at the Arctic Sports one foot high kick competition Monday night.

Immediately the petite high-kicker and the youngest Arctic Sports competitor in the history of the Games, won the heart of the audience. But his tiny stature was only a mask for the skill and determination he displayed when executing his kicks.

Steve stayed in the competition through 6'10" but was knocked out after three attempts at 7'. Still he was pleased with his efforts because he had set a new personal record.

A grade seven student, Steve became interested in Arctic Sports last year when one of the Yukon team members came to his school in Carcross to give a demonstration. The airplane was the first sport Steve tried and after doing well with it he moved on to the other sports.

Most of the time Steve practices the sports twice a week but three weeks before the Games he began working out every night. He lifts weights and does push-ups to strengthen his arms and chest for the airplane and he does a lot of stretching exercises for the high kicks.

Steve will be competing in all the Arctic Sports events but he expects he will have his best results in the airplane because it's his favorite.

Nevertheless he looks forward to the other events even though he realizes he could hurt himself in the knuckle hop and the ear pull. He doesn't spend as much time training for them but he speaks proudly of his coach Ed Arey saying he's the best at the ear pull. Steve describes how Ed hangs weights on his ears to build the muscles and the team members have mini competitions to determine their strongest ear. They have three rounds. First it's left ear to left ear, then right to right and finally strongest to strongest — and may the best ear win.

Steve also plays other sports and says he is particularly good at hockey but he enjoys the Arctic Sports the most. He feels unique when he's doing them because "Not many people can (do them) and they take a lot of practice."

But Steve would like to see them spread to other places in Canada. It would mean they'd lose their distinctiveness but he thinks they're worth the exposure.



FIRST LADY

Lady luck leaves Laroux last

Woman takes a kick at male dominated sport

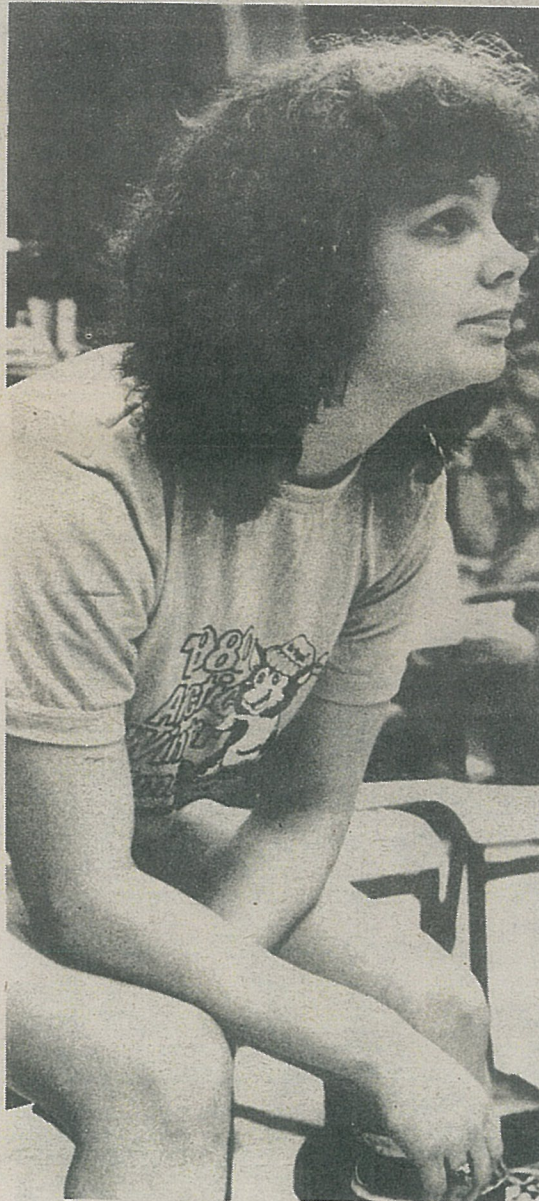
Story: Rhonda Snary
Photographs: Rhonda Snary

She was the first one in and the first one out. It was an exciting night for Alaska's Lady Laroux, but a disappointing one.

For the first time in the history of the

Arctic Winter Games a woman is entered in the Arctic Sports competitions.

Lady made her debut at the first Arctic Sports event, the one foot high



Lady Laroux (above) watches the one foot high kick intensely after being knocked out for missing her kick at 6'4" (right).

kick Monday night. The crowd of about 300 was thrilled when the M.C. announced she would be competing and she joined the line of competitors.

Keyed for her first kick the audience threw all their support behind Lady and cheered when she was successful.

But in the end it wasn't a good night for Lady. Trouble with her right leg caused her to miss 6'4" and she was first to be knocked out of the competition with a high kick of 6'2".

She was disappointed. She knew she didn't have a chance at a medal because she was aware of the heights the male members of her team could kick. But she had hoped to break her own personal best of 6'8" which is also the Alaska State record for women.

"Maybe I was just too nervous," Lady said after the competition. "It was hard competing with these guys ... I wasn't psyched up enough."

But Lady admits she's finding it rather fun to be the first woman in a sport that up until now has only attracted male competitors to the Games.

She came on short notice. Just two

weeks before the Games the Alaskan coach Reggie Jewel called her up to ask her to compete.

"I couldn't believe it when he called, but I really wanted to do it." So Lady ignored the fact she had only about 14 days to train and set right to work.

The 5'1", 20-year-old has been competing for about six years. She started when she entered high school in Bethel, Alaska where Arctic Sports are part of the phys.ed. curriculum.

Specializing in the one and two foot high kicks and the kneel jump, she holds the State women's records in all three events. And she owns a fistful of gold medals from the Eskimo Olympics held annually in Anchorage, Alaska.

But Lady isn't planning or expecting to walk away with any golds at these Games. All she really wants to do is break her own records and participate.

"I like the Arctic Sports the best of all sports. They're for the individual and they take co-ordination and strength ... and they're fun."

Lady looks forward to having a good time at these Games and she hopes she'll get used to the tension of competing with the men.





RHONDDA SNARY—ULU NEWS

ARCTIC SPORTS

Ancient traditions in modern Games

reflection of the Inuit style of life

Story: Rhondda Snary

Now they're called sports but at one time they were used for relaxation and exercise. In the early days "Arctic Sports" were designed for limited space and the nomadic style of the Inuit.

In today's competitions hundreds of people watch in awe as competitors display the utmost in endurance, strength, concentration and coordination. And at this year's Games unbelievable new feats are being recorded.

Monday night at the one foot high kick (aquaorik) competition seven competitors topped the previous world record of 8'3 1/2". The atmosphere at the Whitehorse Recreation Centre was brimming with excitement as the seal skin target was raised higher and higher up the pole. Finally the competition officials momentarily ran into trouble when they ran out of pole to raise the seal. The M.C. discovered the score cards needed adjustment because they hadn't been designed to go up that high. Never before had such heights been reached and the audience was piqued.

As the contest squeezed out all but the last three competitors there was a hush over the auditorium broken by thundering cheers each time a kick

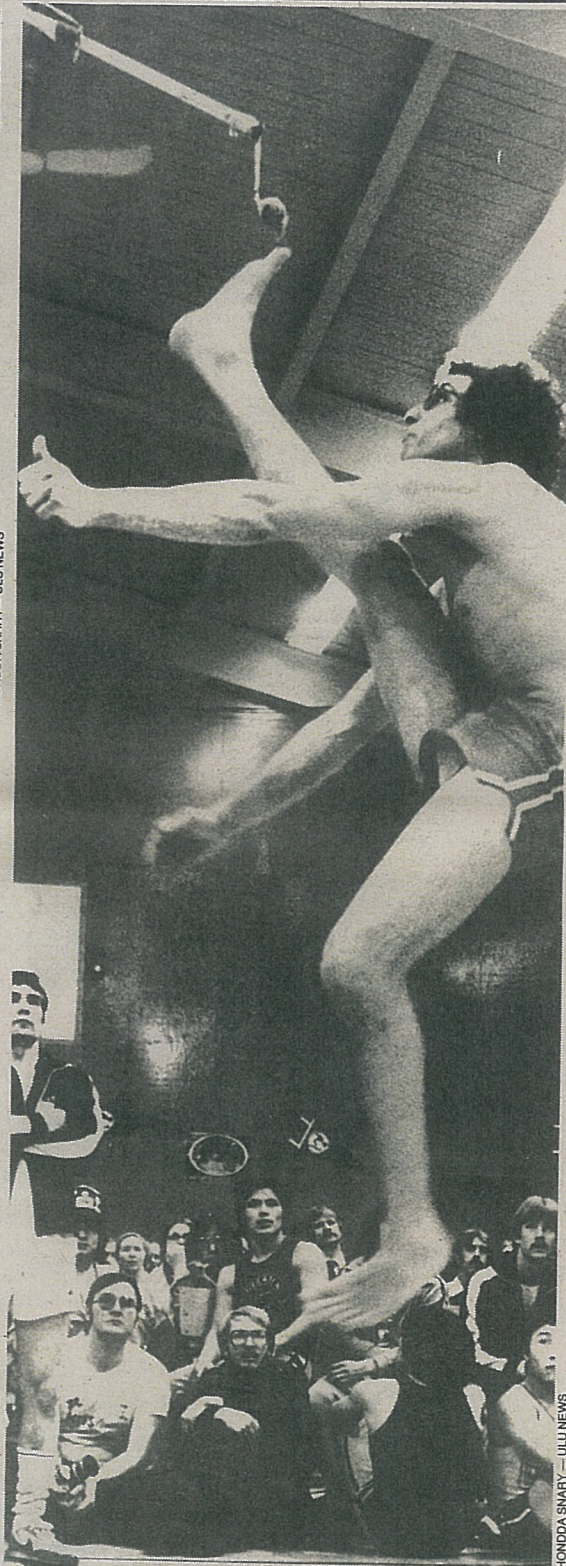
was successful. When Alaskan John Baker kicked the new world record of 8'8" but failed his attempts at 8'10" and 8'9" the crowd rose for a standing ovation.

Baker's teammate Albert Ivanoff took the silver with a successful kick at 8'6" and previous world record holder Tars Angutinsunerk, N.W.T., captured the bronze by also kicking 8'6".

The one foot high kick also chalked up some other records for the history books. For the first time the Yukon is fielding a team in the Arctic Sports. Yukon competitor Stewart Gillis made a clean kick at the seal on his third attempt at 8'4" but lost his balance on landing and was knocked out of competition. Gillis' best kick in practice was 7'6" a height he beat by a full ten inches Monday night.

The Yukon team also set a record by entering the youngest competitor in the history of the Games. Twelve-year-old Steve Helm successfully kicked 6'10" a personal best before being knocked out at seven feet.

And Alaska came in with another first by entering Jean 'Lady' Laroux. Although she was the first competitor to be knocked out never before had a woman competed in the Arctic Winter Games Arctic Sports competitions.



RHONDDA SNARY—ULU NEWS

Yukon's Stewart Gillis (above) was one of the top kickers in the one foot high kick until he lost his balance and fell at 8'4". At the Arctic Sports Opening Ceremonies the N.W.T. Deltah Dancers entertained



Word Space

Sports is rapidly taking over as the most popular entertainment in the world - with perhaps the only close contender being the music industry.

Unfortunately, popularity in the entertainment world usually goes hand in hand with manipulation by the business community for financial gain and of course the hype that's required to do the sell job on it.

Sports hyperbole has reached a fever pitch in recent years and shows no signs of dying out. More hype means bigger audiences and bigger audiences in turn means bigger bucks for the industry barons who make a living by selling sports and athletes to John Q. Public.

I played sports (as millions of other people do) in anonymity for years, never once being approached by some big conglomerate soap company to tell the people I washed my jock in their detergent because it didn't give me a rash or never received a nickel for my efforts. And as with many people who simply enjoy sports for the sport itself, I never missed the hype or the money.

The one great downfall of sports and athletes being pushed as big entertainment is that it has served (with the aid of the news media I might add) to create a very elite atmosphere in the sports arena. More and more, the public is being sold on the superstars

in the sporting arena with less and less attention being paid to those who are involved in sports but will never make it to superstardom. It comes down to too much emphasis on winning and not enough on simply the sport itself or the individual and why they play the game.

A good case in point was the recent selling of one member of the Canadian downhill ski team as being the best in the world - a champion who was going to make a name for himself and Canada by grabbing a gold medal at the Olympics before going on to capture the coveted World Cup title. He never accomplished either feat, but ironically, the news media shed more tears over the loss than the athlete himself who simply considered the turn of events as something one has to expect in sporting competition.

At that level, the pressure to win is not usually so great as to ruin an athlete because he let down millions of fans. Where that type of pressure really hurts is with younger athletes who have trouble coming to grips with losing.

Losing shouldn't be a crushing blow to anyone in any sport, but rather an accepted part of competition. But unfortunately, winning is too often sold as the ultimate goal. Participation is the key - winning is a bonus.

Editorial

One of the most unique aspects of the Arctic Winter Games are the Arctic Sports events - an ancient tradition with northern natives which have happily been adopted by these modern games.

For a country whose people so often complain of suffering an identity crisis it is refreshing to see that we are not so blind as to ignore some of the unique offerings of our indigenous people.

With the recent settlement of the north by 'outsiders' came a radical change in lifestyles for most original northern residents. Those changes included everything from the form of dress to the introduction of a new language. And sport was part of it too.

Northern Natives have traditionally been sporting peoples, devising their own forms of recreation to fill the long, dark hours of winter. Many of these sports were designed for individual participation based on strength and agility.

And when the sports of southern cultures were introduced in the north, many of the northern people took up the challenge with the same enthusiasm as they expressed in their own sports.

It's fitting that in turn we are now recognizing some of the northern culture by embracing some of the unique sporting events such as the high kick, ear pull, airplane and knuckle hop in the Arctic Winter Games.

But we should go one step further in our recognition of these sports and the culture from which they were born, by integrating them into our own physical education curriculum.

Another great plus for implementing and developing these Arctic sports is that they require almost nothing in the way of costly equipment to stage. Unlike games such as hockey and gymnastics which require significant outlays of cash to outfit an athlete, the Arctic sports require little more than a pole and a piece of string. There is no need to go to elaborate lengths in terms of physical facilities, yet the training and discipline required in most sports remains an essential part of these individual sports.

The introduction of Arctic Sports into the Arctic Winter Games is a move which must be applauded, for they add to the truly unique aspect of these Games and serve to better establish our own identity.

And the popularity of these special sports is evident from crowds which have turned out to watch the events and from their enthusiastic response during the competitions. They are an impressive display of individual determination, combining physical strength and flexibility with demanding mental concentration.

We should ensure that Arctic Sports are here to stay by making them an integral part of our sporting endeavours.

THE ULU NEWS

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The Yukon News

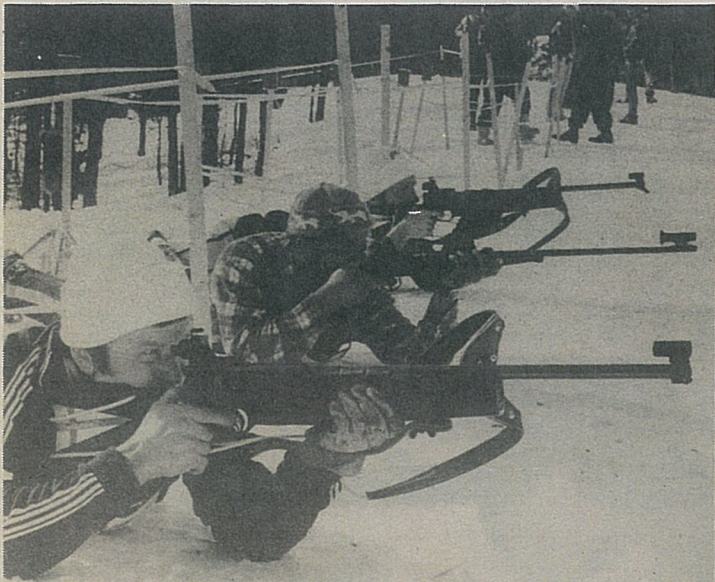
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Yukon Sports Federation



Team Yukon fared well in the Jr. Men's snowshoe biathlon Tuesday picking Gold and Silver Ulus in the 5Km. event. Chris Jensen clocked the best time with 38:56 while teammate Claude Rousseau managed a Silver spot with a time of 39:52. James Periera's time of 40:43 was good enough for the Bronze Ulu for the Alaska team. In the Sr. Men's race, the Gold went to Greg Gardiner of Alaska with a time of 30:44 while Pat Bobinski of the NWT placed for the Silver with a time of 31:45. The Bronze went to Ben Labelle on the Yukon team.



Photographs: Chris Purves



VOLLEYBALL

Spirit overcomes early team jitters

'What is going on out there'

Story: Michael MacLeod

At the beginning they're nervous. They lost in the morning to Alaska — 15-2 15-3 — and the loss put them down.

The coach of this Northwest Territories junior volleyball championship team has worried eyes behind his glasses. He wants a win for his boys.

So they suited up early, getting onto the court as soon as they could, trying to forget about the morning.

The warm-up over they run into an alcove. The noise becomes almost unbearable. "Go! Go! Go! Go! Go!" it begins, and the shouting picks up rhythm, bouncing crazily off the walls of the small room, while team members jump again and again, slapping each other's hand. It takes the edginess away.

But tension grows in the presence of Yukon, whose members are shouting "Ra ra ra..." or something like it in the same small room. They too want to win.

Listen buddy, the games are about participation, but tell us this after the game is over, won't you? ... It's that sort of thought you would have if you could think above this racket.

Maybe NWT feels the competitiveness quicken when a Yukon player drops to his hands to do push-ups. Anyway the noise peaks, breaks, flees quickly onto the waiting, empty court. High on the stand, the referee shifts feet. The game begins.

Michael Curley, No. 5, goes in after the first couple of minutes. Like his fellow team mates, Michael looks tense. He grasps their hands as he goes in for his side. It's a gesture to let all know they're together and to slow them down.

The other three left behind on the bench watch Michael go! They shout encouragement. Their eyes say,

"When will it be my turn? Will it be my turn?"

Scott McQueen, No. 3, turns to say that the team, all but one of its members from Pine Point, has been travelling 60 miles to Hay River three times a week to practice because their school burned down.

Coach Jim Fenske tells what happened in the first game by asking part way through it: "What is going on out there?" He throws his hands in the air.

NWT took game two, but the third game is tight all the way to 12-12. Big Junior Pearcey, No. 8, cries: "Come on, Gord. Be consistent."

The patter of the first games is gone, replaced by moe quiet between points. Both NWT and Yukon seem to be concentrating better.

Fenske has adopted a squat in front of his bench and he and the players there talk back and forth — giving, taking. All wanting to win, though the benched players perhaps want to play even more than win, and they do get a chance.

But NWT loses — 15-3. Dave Stuppyarch, who has played a fine game, spikes a ball out.

One by one, in a ragged line, NWT heads for the change rooms.

"Son of a bitch," says one.

Junior Pearcey in the changeroom: "Has anybody got a match or a light on him?"

Captain Wayne Hryniuk comes in and throws down his bag.

McQueen recovers more quickly.

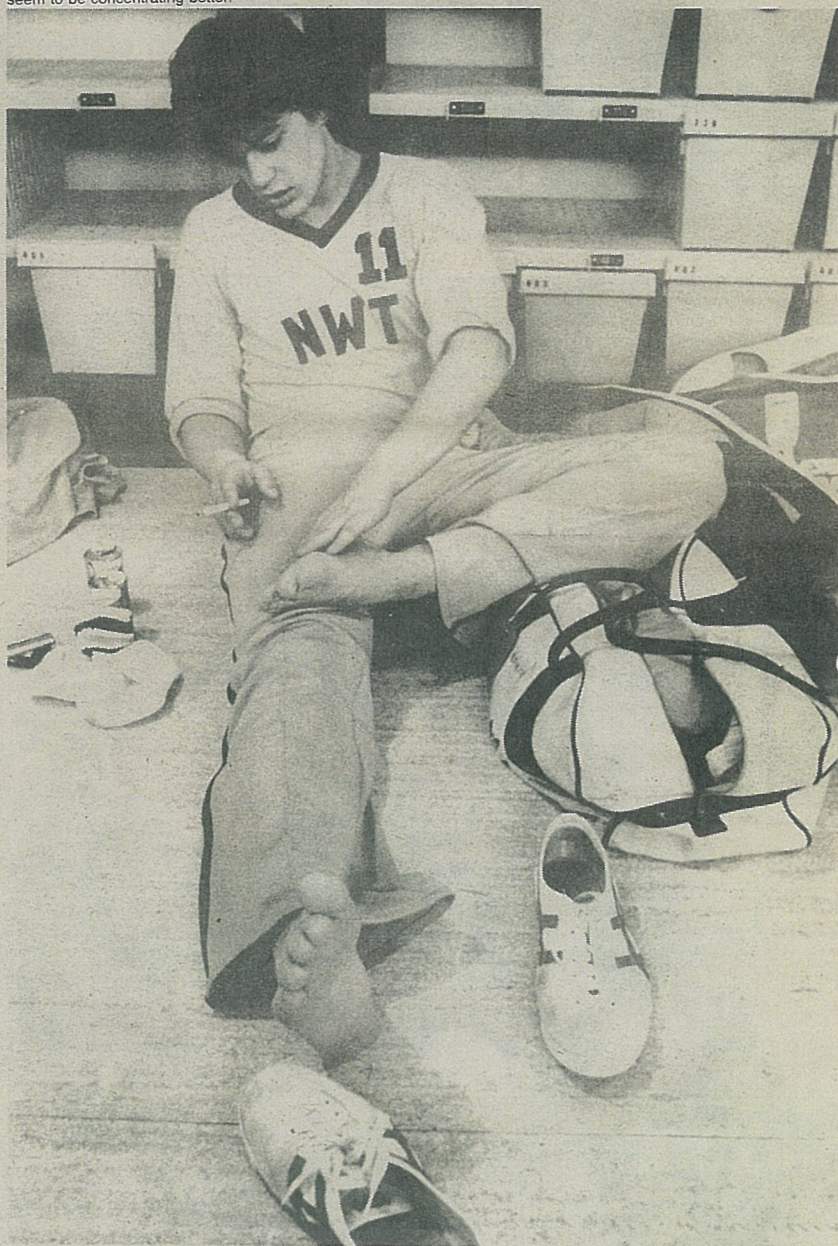
"We'll do some shopping now, eh?" Several team members turn when a Yukon player's voice cuts the change room clatter to say Yukon will play Alaska in the final. That hurts, and it isn't necessarily true.

The NWT's players who sat on the bench most seem to get over the loss most easily.

"We'll get 'em tomorrow, boys," says Pearcey.

An Alaskan looks in and says: "I thought you boys gave it a good try."

Fenske replies: "We'll see you in the final." And as the Alaskan departs, adds with good humour: "Smoke you in the final."



Brent Griffin nurses a blistered foot following a volleyball game between his NWT team and the Yukon squad.



KEN FAUGHT — ULU NEWS



KEN FAUGHT — ULU NEWS

HOCKEY ACTION

NWT clips Yukon netting six goals

Midget hockey scores a major in penalties

Story: Judy McLinton

Officials were kept busy assessing penalties in the first game of midget hockey competition Monday night between the NWT and Yukon.

During the NWT-Yukon skirmish the officials handed out a total of 90 minutes in penalties, including three 10 minute misconducts.

The NWT squad came out on top with a 6-3 score but lost the closely contested penalty battle picking up 46 minutes in the box, just two minutes ahead of Yukon.

Taking advantage of every break they could, the NWT dominated the scoring in the first two periods of play. Going into the final frame the NWT held a strong four goal lead and were working on a possible shutout for goaltender Robert Olexin.

The Yukon squad finally got a few breaks in the third period and with steady shooting on the NWT net the host team made the hometown fans proud, scoring their three goals for the night.

Neither team lacked anything in the hitting department in this game.

The NWT were hard pressed to maintain their shutout in the second period, playing almost the entire frame shorthanded. Both teams ended up with 16 minutes in penalties

with the Yukon's Wayne Risby picking up the first of the three misconducts handed out in the game.

Robert Redshaw led the early scoring for the NWT netting the first and third goals of the game. Other NWT goals in the first two frames came from Duncan Hewitt and Andy Phillips.

The Yukon's first goal of the night came while they were killing a penalty in the first two minutes of the final frame. Brett Purdy scored the shorthanded goal at the 1:27 mark.

Tony Frank retaliated for the NWT, scoring their fifth goal of the night just a few minutes later. Roy Touet popped the Yukon's second goal by Olexin at 5:53 of the third period. The NWT's final goal of the game was scored by Hewitt and the Yukon's David Groves rounded out the scoring of the night.

Two more game misconducts were handed out by the officials in the third period with the Yukon's Goef Dixon picking up the first at the 15 minute mark while Tony Frank was given the NWT misconduct at 19:24 in the final frame. Both of the third period misconduct penalties have been written up by the officials.



Anxious players look on during midget hockey action Monday night as the NWT team scores a decisive six to three win over the Yukon team.

JUDY McLINTON — ULU NEWS

FIGURE SKATING

Vast improvement over '72 Games

More ice makes life easier for skaters

Story: Judy McLinton

"There's no comparison between these games and 1972," says figure skating chairperson Judy Saunders.

This is a return engagement for Saunders as the chairperson. She also chaired the 1972 competitions. "We not doing alot of the things that we did then."

Not freezing in the Jim Light Arena is one of the big differences between the two games. During the '72 games

temperatures in the arena ranged from -50 to -55. According to Saunders, a bunsen burner system had to be set up to warm the arena.

"This year's competitors think they have it rough with their 6 am practice schedule they should have been here in '72."

Figure skaters were looking at 3 and 4 am practice times because along with figure skaters both senior and junior hockey players were also

using the arena. This time around the figure skaters have two arenas to use for practices, the Jim Light and the Stan McCowan arenas.

Saunders set up a special bus system just to transport the skaters between their villages and the two arenas. The Transportation Committee provided the buses and Saunders found the drivers.

Actual competition in figure skating began yesterday afternoon.

On completion of the first round of competition Saunders says everything is running smoothly. "The ice is fairly good. Softer ice would be better for landing the jumps but I didn't notice the skaters having much trouble in the competition," she adds.

After the first rounds of competition Saunders feels the Alaskan skaters came out very strong. "The overall content in the Yukon and NWT programs was very good. They were finished and polished programs."

"Tonight will be the big night for anyone who wants to see the figure skating. There should be some real good skating," says Saunders.

She would like to see a full house tonight. "The kids really work hard and they deserve it."

Pin Swap

Yellowknife slipped 14 sharp points on the PPME (Precious Pin Market Exchange) in heavy trading today and the traditional, post-opening blues set in among all but the most avid traders.

However the appearance of several unusual commodities pins for the 1980 (on-again off-again) Moscow Olympics reversed what might otherwise have been a gloomy day on the Exchange. Although no limited edition 100-mile dash into Afganistan pins were available several other items appeared on the market.

NWT Narwal pins were also active with strong demand as was the Alaska map. Special defective issues of the Team Yukon pin (the backs fall off) is driving that item up strongly in the continuing 24-hour a day market.

Your daily PPME column is prepared after exhaustive research using the latest in data-compilation procedures and then this incisive analysis is written specially for all 1,000 of you (and particularly for all 4 of our regular readers) by Pam Carson and Hugh Conner. The preceding is an unpaid political typerast.

Medal Standings

Team	Gold	Silver	Bronze	Total
Alaska	17	15	10	42
Yukon	11	9	15	35
N.W.T.	2	6	5	13

Things to See and Do in Our City...

DINING:

Monte Carlo, 404 Wood St.: French cuisine in an elegant but relaxed atmosphere. From 6 p.m. on every evening except Sunday.

Golden Garter, 212 Main St.: Continental cuisine, evenings.

Annabelle's, 7225-7th Ave.: European dining, Luncheons only. Monday through Friday, 11:30 until 2:00.

Prospector Dining Lounge, 3rd Ave. and Jarvis St.: Open from 6 p.m. daily except Wednesdays.

Mumbo's, 312 Steele St.: Wholesome foods, from 11 a.m. to 9 p.m. Monday through Friday, and noon until 7 Saturday.

B.J.'s, 204B Main St.: Italian food, luncheons and dinner.

Christie's Place, 209 Main St.: Italian food.

Shangri-La, 309 Jarvis St.: Chinese Cuisine daily.

Dining lounges and coffee shops are also located in all the major Whitehorse motels and inns. Fast food places include Kentucky Fried Chicken and Dairy Queen, both on Second Avenue.

DROP-INS:

Golden Age Society, 310 Wood St.: Afternoons.

Salvation Army Coffee House, 4th and Black St.: Open daily 2 to 4 p.m., and 8 to 11 p.m.

Victoria Faulkner Women's Centre, 302 Steele St.: Weekdays, 9 a.m. to 1 p.m.

Le Cafe, C.Y.O. Hall, 4th and Steele St.: Daily, 11 a.m. to 5 p.m. Coffee and conversation.

EXHIBITS AND CONCERTS:

YTG Building, Main Foyer: Juried Art Exhibition, a special feature of the Arctic Winter Games. Daily, 8 until 8.

MacBride Museum, 1st and Wood St.: Open daily, 11 a.m. to 4 p.m.

Wednesday, March 19th: Gerry and Ziz, Tom Jackson Concert, Jeckell School, 7 to 9 p.m.

Film Festival: Selkirk Ancillary Room, 1 to 9 p.m. daily. A collection of northern films. AWG participants only.

Native Folklore Show: Yukon Indian Centre, 7 to 11 p.m. AWG participants.

Square Dance: 19 years and over, Whitehorse Rec Centre, AWG participants, 9 p.m. to 2 a.m.

INTEREST SPOTS:

Takhini Hot Springs, Mayo Road: 9 a.m. to 10 p.m. daily. Swimming, skiing and hiking.

Whitehorse Public Library, 2nd Ave.: Monday through Friday, 10 a.m. to 9 p.m. Saturday, 10 a.m. to 6 p.m. Sunday, 1 p.m. to 9 p.m.

Log Sky Scrapers, Lambert Street between 2nd and 3rd Ave.: Historic two and three-storey log cabins.

Northern Canada Power Commission Dam, Nisutlin Rd.: Affords an excellent view of Whitehorse and surrounding area.

S.S. Klondike, Yukon River on the South Access Rd.: Site of the opening and closing ceremonies for the Arctic Winter Games.

Grey Mountain, Cross-country ski trail begins about one-half mile up the Grey Mountain Road.

Whitehorse Bus Tours: Leave from Selkirk School, daily at 11 a.m. and 4 p.m. AWG participants.

ENTERTAINMENT

Yukon Theatre, 304 Wood St.: Two shows, 7 and 9 p.m. Showing now, 'North Dallas Forty'

Edgewater Hotel, Main Street: Guitarist Peter Boyer is entertaining Thursday through Saturday, evenings, in the Edgewater Lounge.

Klondike Inn, 2288-2nd Ave.: Cross Country plays every night except Monday. This week Tony White is with the band.

Kopper King Tavern, Mile 918.3 Alaska Hwy.: Wayward plays a mixture ranging from folk to rock Friday and Saturday, with a Sunday jam.

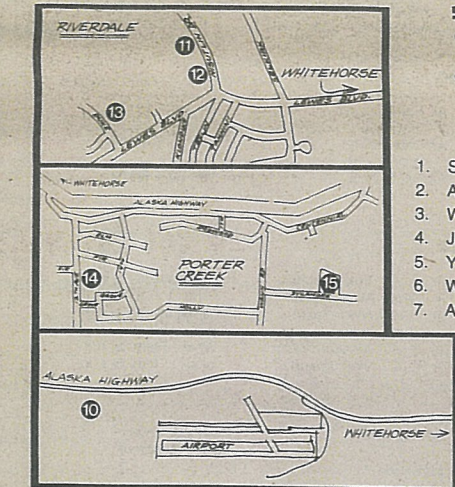
Airline Inn, 16 Burns Road: Comedian, singer and organist Ray Belmont is in the lounge Thursday, Friday and Saturday.

Foxy's Cabaret, 2141 2nd Ave.: LaSalle plays rock every night but Sunday, from 9 p.m. until 2.

Sam McGee's Lounge, 2141 2nd Ave.: The Ozone Rangers are in fine form Thursday through Saturday.

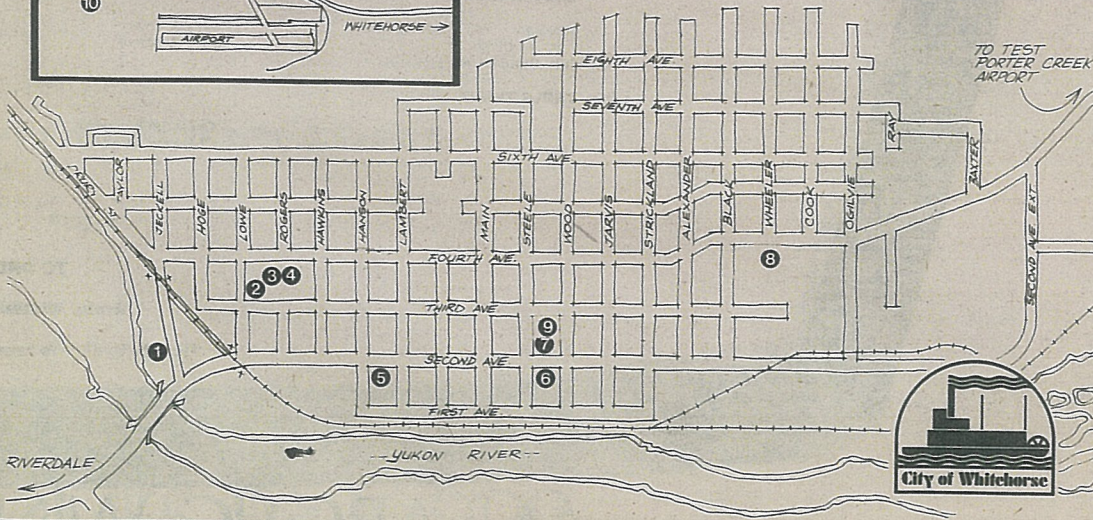
Talk of the Town Lounge, 4th Ave. beside the Yukon Inn: Hank Karr and Iron Mountain play country Monday through Saturday night.

Bamboo Lounge and Cabaret, 2163 2nd Ave.: Organist Chuck Biegler plays Thursday through Sunday.



Legend

- | | |
|--|------------------------------------|
| 1. S.S. Klondike | 8. Whitehorse Elementary School |
| 2. AWG Media Results Centre | 9. Ulu News Office |
| 3. Whitehorse Curling Club | 10. Whitehorse Recreation Centre |
| 4. Jim Light Memorial Arena | 11. Yukon Indian Centre |
| 5. Yukon Territorial Government Building | 12. Christ the King High School |
| 6. Whitehorse City Hall | 13. Jeckell Jr. High School |
| 7. AWG Office | 14. Jack Hulland Elementary School |
| | 15. Stan McCowan Arena |



MOL

Daily Wednesday

Time	Ticket Number	EVENT	Venue
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BADMINTON

9:00 am to 5:00pm			All Categories
Takhini	Elem. School		

BASKETBALL

8:00 am	10	Open Women Alaska-Yukon	Whse. Rec Centre
9:30 am	10	Open Menn Yukon-Alaska	Whse. Rec Centre
11:00 am	10	Jr. Men Alaska-Yukon	Whse. Rec Centre
12:30 pm	10	Jr. Women Yukon-Alaska	Whse. Rec Centre
2:00 pm	10	Open Women NWT-Alaska	Whitehorse Rec Centre
4:30 pm	11	Open Men Alaska-NWT	F.H. Collins School
6:00 pm	11	Jr. Men Yukon-NWT	F.H. Collins High
7:30 pm	11	Jr. Women NWT-Yukon	F.H. Collins High
9:00 pm	11	Open Women Yukon-NWT	F.H. Collins High

FIGURE SKATING

6:00 am to 8:00am	20	All Categories	Jim Light Arena
1:00 pm to 3:00 pm	21	All Categories	Jim Light Arena
6:00 pm to Closing	22	All Categories	Jim Light Arena

INDOOR SOCCER

8:00 am	Jr. Boys	Yukon-Alaska	Christ the King High
8:45 am	Jr. Girls	Alaska-NWT	Christ the King High
9:30 am	Jr. Boys	NWT-Yukon	Christ the King High
6:30 pm	Jr. Girls	Yukon-Alaska	Whse. Elem. School
7:15 pm	Jr. Boys	Alaska-NWT	Whse. Elem. School
8:00 pm	Jr. Girls	NWT-Yukon	Whse. Elem. School

SNOWSHOEING

10:00 am to 11:00am	800 M Sprint		Scheatka Lake
Off Chad-burn	Lake Rd.		All Categories

TABLE TENNIS

1:00 pm	30	Sr. and Jr. Singles	Christ the King High
6:00 pm	31	Sr. and Jr. Doubles	Christ the King High

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Events

March 19

Time	Ticket Number	EVENT	Venue
CURLING			
9:00 am	39	Junior Ladies Alaska-Yukon	Whse. Curling Club
9:00 am	39	Mens Alaska-Yukon	Whse. Curling Club
9:00 am	39	Junior Mens Alaska-Yukon	Whse. Curling Club
9:00 am	39	Ladies Alaska-Yukon	Whse. Curling Club
1:30 pm	40	Ladies Yukon-NWT	Takhini Curling Club
1:30 pm	40	Mens Yukon-NWT	Takhini Curling Club
1:30 pm	40	Junior Ladies	Takhini Curling Club
1:30 pm	40	Junior Men Yukon-NWT	Takhini Curling Club
HOCKEY			
8:00 am	46	Midget Yukon-NWT	Jim Light Arena
10:30 am	46	Bantam Yukon-Alaska	Jim Light Arena
3:00 pm	47	Midget Yukon-Alaska	Jim Light Arena
VOLLEYBALL			
8:30 am	60	Open Men Yukon-Alaska	F.H. Collins High
9:45 am	60	Open Women Alaska-NWT	F.H. Collins High
11:00 am	60	Jr. Women Semi-Final (2 vs 3)	F.H. Collins High
12:15 pm	61	Jr. Men Semi-Final (2 vs 3)	F.H. Collins High
1:30 pm	61	Open Women Semi-Final (2 vs 3)	F.H. Collins High
2:30 pm	61	Open Men Semi-Final (2 vs 3)	F.H. Collins High
SHOOTING			
8:00 am		Sr. Rifle	Whse. Elem. School Range
1:00 pm		Jr. Rifle	Whse. Elem. School Range
CULTURAL & SOCIAL ACTIVITIES			
8:00 am - 8:00 pm		Daily Art Exhibition	Main Foyer Yukon Govt. Bldg.
11:45 am		N.W.T. Delta Dancers	
Y.T.G. Foyer to 12:45 pm		Brian Lendrum The Owen Sisters	
7:00 pm	68	Native Folklore	
Yukon Indian Centre			
7:00 pm	69	South of 60 Concert	
Ieckell Jr. High		Featuring Gerry & Liz Tom Jackson	
11:00 am - 4:00 pm		MarBride Museum Daily	1st. & Wood St.
11:00 am - 5:00 pm		Le Cafe Open Daily	CYO Hall 4th & Steele St.
2:00 - 4:00 pm		Salvation Army Coffee House	4th & Black St
8:00 pm - 11:00 pm		Open Daily	

GO TO EVENTS:

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are shown in the schedule.

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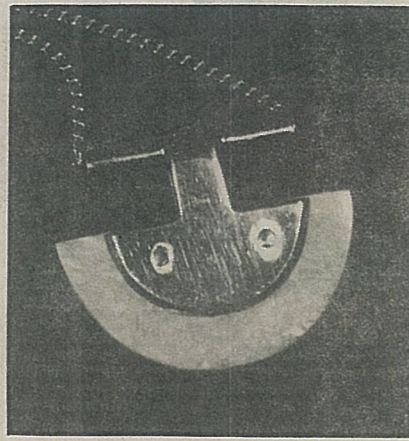
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TABLE TENNIS

Alaskans Provide Strong Competition

Round robins continue all day

Story: Heather Stockstill
Photographs: Chris Purves

Deciding games will likely begin today in Arctic Winter Games' table tennis at Christ the King High School in Riverdale.

Yukon has a full complement of players in all divisions of the sport, and although at the junior level Yukon athletes have won the past three Games in succession, the Alaskans are coming on strong for 1980.

In junior and senior women's and men's classes, games are played on a 'round robin' basis. All senior men from Yukon, for instance, play the senior N.W.T. and Alaskan entrants. However, players do not compete against their own team members except in the event of a tie. If two Yukon senior men both came through the round robin without losing a game, they would play each other, two games out of three, to decide the winner.

Standings in table tennis, therefore, are continually changing as the tournament proceeds. Over at Christ the King High there is an atmosphere of happy concentration — those who aren't competing at any one time are either practising or watching other athletes.

Coach of the Yukon team, Dave Stockdale, says indications right now are that the Alaskans are pretty strong. Seniors Kenji Kusano and Dennis Boeger are racking up points in the men's division. And another Alaskan, Errol Reseck, has played and beaten the current Canadian champion. Because of residency requirements Reseck is not attending the Games as a competitor, however.

The N.W.T. team shows strength with players like senior Maurice Dee. Dee has competed with first division table tennis teams in Ontario, and Stockdale says he has a noticeably different style, in that he pushes the ball instead of hitting it. "He's obviously played some class table tennis," Stockdale remarked as he watched Dee warming up at a nearby table.

Yukoners within striking distance of the gold include seniors Glen Lewis and Kim Christainsen and junior John Watt. Lewis is only 15 years old, but because he cleaned up at the junior men's AWG competition in 1978, he has moved up to senior.

Christainsen is another one to watch. She played for Yukon several years ago, then moved away and has recently returned to the territory and the local club.

Stockdale's dedication to young table tennis players is evident in the time he takes to ensure that Yukon-

ers are exposed to several competitions annually. From April 4th to 6th,

seven players and two coaches plan to attend the Canadian Junior Championships in Calgary. And competitors also travelled south for the western trials recently. Although no Yukoners won entry to the national championships at the trials, Stockdale said it was good experience for the players.

Like other sports, table tennis is growing in sophistication. "It's getting so technical now," Stockdale says.

Watching the young athletes concentrating as they serve, spike and spin the ball, one can understand that the table tennis being played here is a far cry from the "ping pong" it is sometimes called.



Becci James of Whitehorse at age 10 is one of the younger competitors taking part in table tennis action this week.

UNDEFEATED

Alaska's junior's dominate the play

State-wide all-stars show command on court

Alaska continues to dominate the backboards and hoops in the basketball competition in all four events.

The junior men's team, a team which hadn't practiced before the games, was sitting with a 2-0 record Tuesday morning having defeated the NWT 121-37 and the Yukon 105-63.

Coach of the team, Brian Wilson, feels both the Yukon and the NWT are playing pretty good ball for high school teams but that his team has an advantage.

The Alaska team is an all-star squad. Team members come from Anchorage, Fairbanks and other communities in Alaska.

One advantage that Wilson sees with having an all-star squad is that there is a tendency to pick up bigger and faster players than a high school

team would. He feels it is hard for one individual high school to compete against the all-star squad.

In team selection the Alaskans are required to pick representatives from all across the State. General procedure for team selection in basketball is to divide the state into three regions and base selection on the regions.

For team selection stress is placed on picking people who can work in an all-star setting, represent their region and will get along with the rest of the team.

With this type of a selection arrangement Wilson figures the team is composed of some of the better players in the state.

Wilson says this year's team is an unselfish group who are willing to work as a team. "They enjoy playing basketball."

MEMORABILIA

Paine picks up AWG paraphernalia

London visitor treated like royalty

Ben Paine may end up with more than he bargained for this trip.

Ben, an official guest of the Arctic Winter Games from London, England, is busy caching a number of souvenirs. Along with the booty he has collected over the years he has followed the games, including his of-

ficial games parkas, he can now add an official Yukon jacket.

Sunday night the Yukon delegation made Ben an honorary member of their contingent. Ben was presented with the jacket at the Yukon reception held that evening. At the same time Ben also received a gold tie pin compliments of the Yukon Government.

HI HO JETSTAR

Minister flies south for winter

In again, out again is the tale for Regan

It turns out that Minister for Labour and Sport Gerald Regan's visit to Yukon was even shorter than anticipated.

The Minister arrived in Whitehorse Tuesday afternoon. Circumstances required that he leave early yesterday.

"He (Regan) sort of half knew he was going to have to leave when he got off the plane," said President of the AWG Host Society John Owens Tuesday. Regan had planned to visit several of the sport venues during his

stay and expressed particular interest in the Arctic Sports competition.

Regan is former Premier of Nova Scotia and a rumoured investigation into party fund raising in the Halifax area may have accounted in part for his early return to the east. However Owens said that the ongoing Bell Canada strike accounts for the Minister's departure. Negotiations are apparently coming to a head in that dispute and as Minister for Labour Regan's presence is imperative.



The strain of competition.

CHRIS PURVES — ULU NEWS



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AWG cost justified by participation

Graham says playing to win is only natural

Story: Heather Stockstill

According to Yukon's Minister of Education and Recreation, Doug Graham, the single most beneficial part of the Arctic Winter Games actually occurred before opening ceremonies. The fact that Yukoners from every corner of the territory showed great interest in coming to the Games and competing is, for the Minister, of paramount importance.

"That's the only way you can justify the money that was spent leading up to the Games," Graham said in an interview yesterday. Seven athletic trials were held out of Whitehorse for these AWG. Sixty-eight competitors from the 300-strong Yukon contingent are from outlying communities, in addition to the 10 members of the Carmacks Red Star Marching Band.

As Recreation Minister, Graham heads the territory as far as matters relating to sport are concerned. But it is up to the AWG Corporation to stipulate which sports shall be played, how money will be spent, and where the Games will be held. The Corporation also sets up what Graham described as "very, very stringent guidelines" for the Host Society to follow.

Therefore Yukon's Minister does not lay down the ground rules. But Graham, with his personal as well as professional interest in recreation, has views regarding the Games and particularly their impact on Yukon.

Graham described the current Games' philosophy of 'participation-first, winning less important' as a "great goal — but I think it's unob-

tainable." Regardless of what the Corporation stipulates, the athletes themselves will take care of the competitive aspect, he said. Anyone who has played a sport with enthusiasm knows that winning does count, at least in the minds of the players.

Graham was also slightly doubtful about the attention being drawn to special celebrities and dignitaries at the Games. Fanfare is all very well, in his opinion, but "after all, who are these Games for anyway," he asked rhetorically.

Many of the sports are drawing considerable attention, and Graham was pleased to see the public at all events, but suggested that an overall pricing policy be developed for future Games. Under the existing situation, some sports such as badminton have no admission charge, while others, such as hockey, cost adults up to \$4 a ticket.

As graphic evidence of the need for a good pricing policy, Graham told of some parents he had talked with, who have two children entered in hockey, and one in badminton. The parents can see every badminton game free, but if they attend all the hockey events their children are playing in, it will cost them more than \$60.

Graham praised the Host Society, who put in long hours of largely volunteer labour to ensure the Games' success. Volunteer help, plus the Yukon Championships leading up to this week's competitions go a long way towards making the AWG truly worthwhile, in his view.



Sometimes injuries are part of the game. This athlete gets help putting a tensor bandage on her leg.

CHRIS PURVES — ULU NEWS



Both the young and the old can enjoy the Arctic Winter Games. This young one found a comfortable spot to watch the Arctic Sports.

CHRIS PURVES — ULU NEWS

RECORD CRAWLER

Sol's crawl leaves bruised knees

The kind of guy who tries to set records

Story: Michael MacLeod

"Sol" said his mother, is the kind of guy who is always trying to set records. In 1976, he crawled nine-and-a-half miles around West High School in eight hours and 32 minutes.

That account of Sol in the Anchorage Times barely begins to say what Sol has done. It might be easier to say what Sol Ingram, 18-year-old Anchorage resident, has not done. In the way of doing freaky things, Sol's done it. Like eat 20 hotdogs in three minutes 42 seconds or build and ride a four-and-a-half inch high bicycle.

That's for starters. (Sol by the way is going to compete in rope gymnastics, two-foot high kick, kneel jump, knuckle hop, and airplane in what he calls the "Eskimo Olympics" — the AWG arctic sports.)

"This is the toughest competition of my life," he says.

But it ain't. Not if what Sol (and his mother in the Anchorage Times) says is true. Take the nine-and-a-half miles around West High School track.

"You see I was on the Jerry Lewis Labor Day Telethon," begins Sol,

"Kneepads were on me but friction just rubbed a hole the size of a silver dollar in my knee. Then I had to rip the blister off and put vaseline on. I think that was the worst day of my life. My wrist cracked and I had to move on my elbows."

One of Sol's strong points is eating. "I do all kinds of eating," he says. "I'm trying to establish myself as an eater. I eat hotdogs, eggs, frankfurters. I can eat one hard boiled egg every eight seconds."

Sol is a freak in the cause of medicine. Take the time he bowled for 22 hours with one five minute break for the Muscular Dystrophy Association.

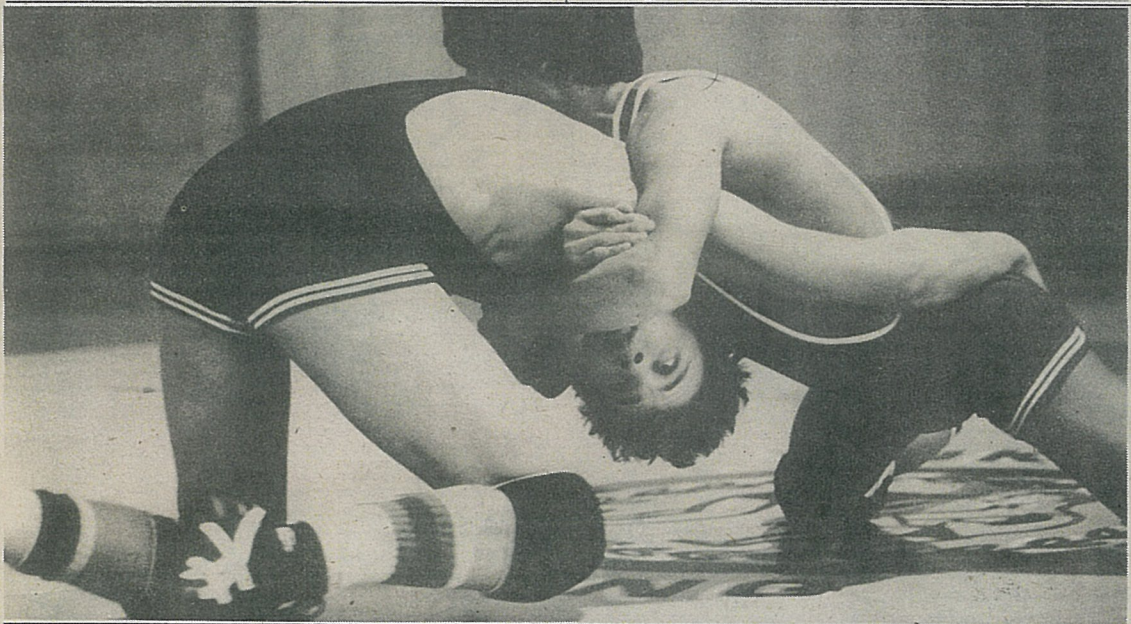
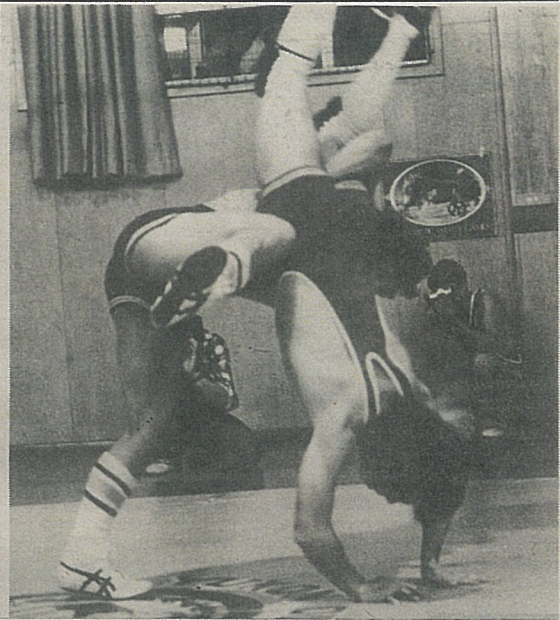
But bicycles are Sol's real fixation. He built one each year for three years

in a row in his school shop. The first bicycle was seven-and-a-half inches high, he says. Later versions got smaller.

"I built and rode a four-and-a-half inch high bicycle, total height," he says.

Sol is now working on a bicycle 6½" long and 3½" high complete with bearings and sprockets from an IBM copying machine. This machine he expects will make his name famous. That'll be solace perhaps for not getting his name into the Guinness Book of World Records for crawling.

Oh, it's not that Sol isn't the world record holder for crawling. He's convinced of that, but the correspondence just broke down between Guinness and him.



CHRIS PURVES — ULU NEWS

Jim Gower of Alaska attempts to pin David Ouppee of the NWT wrestling team to the mat in competition which was underway at the Yukon Indian Centre

Sickness, cramps strike AWG village

Tests under way to determine cause

Story: Michael MacLeod & Heather Stockstill

Athletes suffering from cramps and diarrhea began going to Whitehorse General Hospital as early as 5:30 a.m. Tuesday.

More than 40 people were affected with the symptoms, but by 6 p.m. yesterday only one individual remained in hospital. Yukon's Chief Medical Officer, Dr. Dan Dimitroff said that the single patient remained hospitalized in order to replenish fluids in his system.

A definitive cause for the complaints has not been discovered. "We suspect it's food poisoning, but we're not sure," Dimitroff said. Extensive sampling of the foods prepared for AWG participants at the Yukon Indian Centre has already been done. Now authorities are awaiting results of those tests, some of which must come from Edmonton.

The food caterers said between 700 and 800 persons ate the

cafeteria food Monday night. The cafeteria is located at Selkirk School, so food is trucked from the Indian Centre kitchens to the school for each meal.

Mission staffs of all three contingents reported "quite a few" of their participants were suffering and were worried they wouldn't be able to compete in their events.

Sam Anderson of the Alaska staff said shortly after 10 a.m. that "roughly 15 or 20" Alaskans were affected. In the F.H. Collins foyer at mid-morning there were numerous athletes complaining of stomach pains and diarrhea.

The Games' infirmary has several beds available for participants, but athletes in severe pain were sent to Whitehorse General.

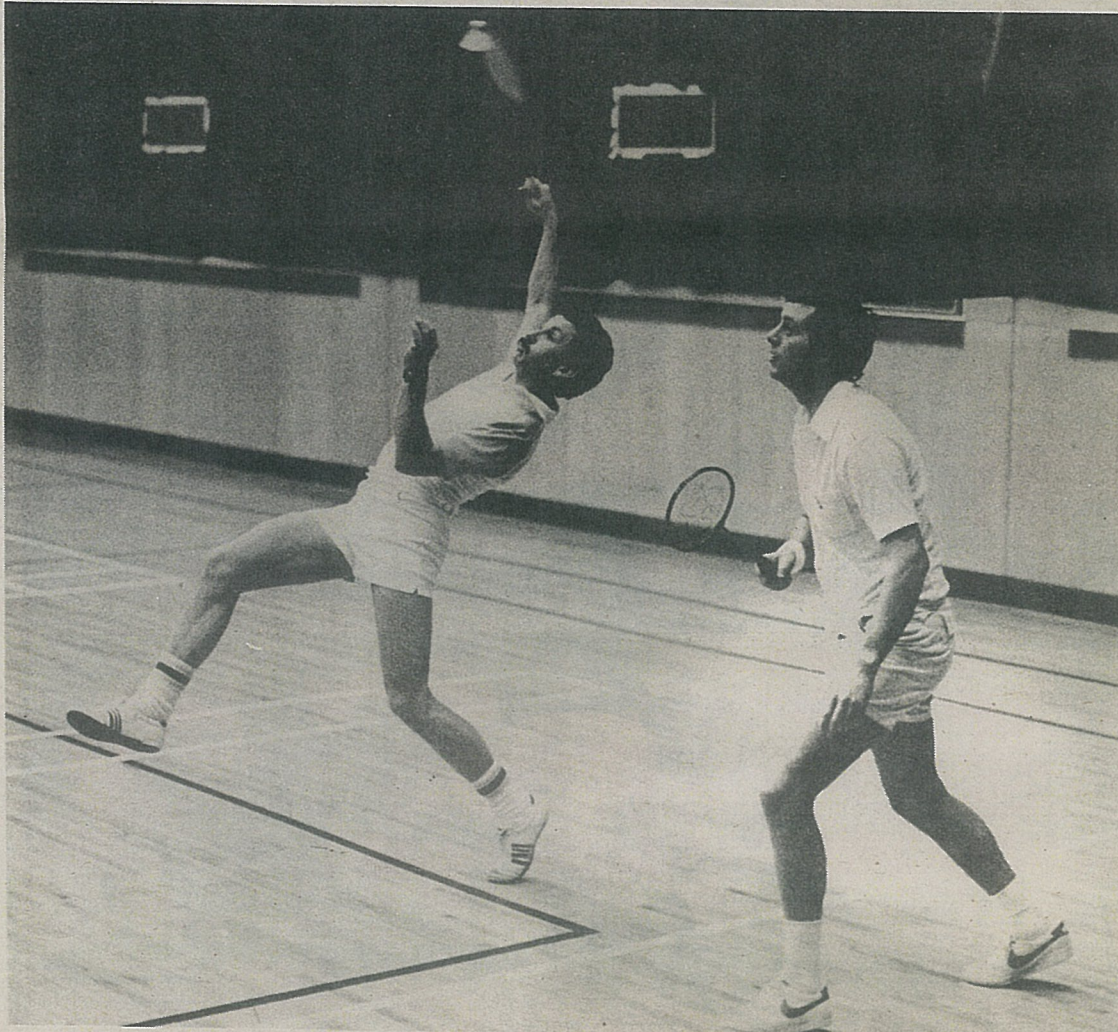
An environmental health officer inspected the kitchen where Frontier

Food Systems, an Alberta catering company, is preparing the food for the Games' cafeteria. Although he took samples of food from Tuesday morning's breakfast, there were no samples of food from the night before available.

The health officer, Richard Lawrence, said food hadn't been pinpointed as the cause of the sickness. An inspection of the kitchen is routine when complaints of possible food poisoning are received, he said.

Meanwhile most of the athletes adversely affected seem to be recovering, according to Dimitroff. The food service is continuing. Dimitroff said that after thorough inspection, a few deficiencies were pointed out to the food staff and corrected.

"It's just too bad it had to happen," he said in a telephone interview late yesterday. "It's a real shame."



KEN FAUGHT — ULU NEWS

Bob Owen and Lindy Mikkleson of the NWT, dropped a tie breaker to Stoy Neyhart and Mike Hawkins of Alaska in Sr. Mens' badminton action Tuesday.

Owen and Mikkleson dropped the decisive game 16 - 17 in the three game set. Badminton continues all this week at Takhini Elementary School.

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EMPTY SEATS

South of 60 show in near empty hall

Concert performers play to a small house

Story: Heather Stockstill
Photographs: Chris Purves

Perhaps it was because the concert took place on a Monday night towards the end of a long winter.

Money is tight for many people in Whitehorse in March, and there were several other interesting things to see the same evening — Arctic sports and hockey, for instance. Whatever the reasons, the federally-sponsored 'South of Sixty' concert at Jeckell School had a dismal attendance. Monday's concert, with Gerry and Ziz, and Tom Jackson, was the first of three, all featuring the same musicians. Last night's performance was for Games' participants only, and a second public performance is scheduled tonight at 7 p.m.

Gerry and Ziz opened the show, playing to a house at least three-quarters empty. No easy task for a performer, but the French Canadian duo exuded energy, and managed to get a warm response from the small audience. They began with a song Ziz wrote about his home town of Thunder Bay, entitled 'Wake up the Sleeping Giant', although at that point in the evening one wondered whether the song's theme could just as easily be applied to Whitehorse. With Ziz on piano, and Gerry either on bongos, or strutting around the stage microphone in hand, the pair continued to sing numbers ranging from traditional French, to blues and prairie rock.

The fact that the concert began more than half an hour behind time did not help matters. And when Tom Jackson began his set after the mid-

point intermission, sound problems spoiled the first ten minutes of his performance.

However, there were good moments from a musical point of view. Jackson has a commanding presence onstage. He plays acoustic guitar, and is accompanied by Kansas City Cramer on harmonica and 12-string. His music tends towards

the reflective, but the audience was also treated to Jackson's quiet and rather rural-flavoured wit.

Although the two groups featured last night have both gained reasonably widespread recognition across Canada, organizer of the concerts Eva Stehelin said perhaps there was a poor turn out because people were not aware of the performers' reputations.

The South of Sixty concert was funded through the Secretary of State — Department of Multiculturalism. In selecting performers, Stehelin had to conform to ethnic and cultural restrictions laid down by the department.

Despite the federal funding, tickets sold for \$5 for adults, and \$2 for children, to get into the concert. The Tuesday performance, for Games' participants only, was free of charge.

AWG Manager Mike Nelson explained that Games' organizers decided to charge a fee to get into the

concerts "basically because we were at that time looking at having to make money." Revenue from ticket sales was to be channelled into paying costs for the Arctic Winter Games.

The Games are currently operating with a sizable budgetary surplus which was not anticipated when the concert ticket prices were set.

In addition, Nelson said that some sort of ticket structure was needed to comply with fire regulations.

Stehelin is hoping for a large audience at the third and final South of Sixty concert tonight. Yukoners should not miss out on this opportunity to hear the performers, in her opinion, because their music is of high calibre and live concerts are not common in Whitehorse.

A 'North of Sixty' performance is scheduled for tomorrow evening at 7 p.m. in Jeckell School.



Gerry and Ziz played to a small house during the South of 60 Concert Monday night, but the small crowd didn't seem to dampen their enthusiasm.

Frostbite

The following is an excerpt from 'Paradise Below Zero' written by Calvin Ruistrum.

In my own research of down garments, I have found that considerable 'breathing' value is lost in some garments by the exclusive use of synthetic fibers in place of cotton for encasing the down. The reason for this lies in the nonporous nature of synthetic fibers, which allows air to pass only between the warp and woof of the weave. In cotton, air movement passes not only between the woven threads but through them as well. In selecting down garments therefore, make sure that the encasing fabrics are cotton or a combination of cotton and synthetic yarns. These combination materials have the advantage of

increased strength with some loss of porousness, though they are a needed compromise in rugged travel where strength is important.

Goose and duck down has by far the best insulating values, however pile is quite satisfactory as well for winter garments, providing it is a high-grade, double-faced, full furred soft pile, especially when it is used in complement with a slipover anorak.

When a double-faced pile parka, for example, is worn with a thin anorak over it, two air-space insulating layers are created with the thousands of dead-air spaces between the fur fibers and in the fur fibers themselves. A functional advantage on the trail when using the anorak over pile is that the anorak can be peeled off as activity begins to supply warmth - expediting the gradual clothes reduction process.

We get a very good idea of the basic insulation principles involved in a parka-anorak combination when we cover ourselves with an ordinary wool blanket. Since wool fibres are hollow, and the wool when fluffed into a nap creates additional air spaces, we get fair insulating value from the wool blanket alone. But if we cover the wool blanket with a very thin, yet porous, high-count complement material on both sides of the blanket, or at least on the outside, at once we discover a remarkable increase in the warmth of the blanket, far in excess of the total insulating value of the separate items. With the thin material covering we have trapped, still further, innumerable insulating air spaces in the nap between the blanket weave and the cotton covering.

Down, in order to be used at all, must, needless to say, be quilted be-

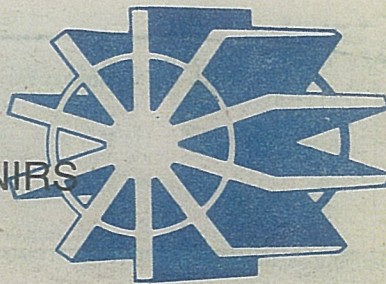
tween thin, high count materials.

Most down garments, therefore, are quilted loosely enough to keep the down in fairly full fluff. Some objection has been raised concerning the bulkiness of down garments but this bulkiness somehow does not impede the free movement of arms and legs as much as stiffer, less bulky materials do.

Some down garments have an additional draping material stitched lightly to the outside of the quilted lining as a facing to dress up the garment for more conventional appearance, used principally to hide the biscuitlike surface of the quilting. This facing has the value of creating additional air spaces in the sewed depression between the quilted bulges and outer covering, again appreciably improving the warmth of the garment.

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